

to relevant slides with a

Annual Meeting - June 17, 2023

Disclosures | Funding | Contact

No financial disclosures or conflicts of interest (MM)

Research funded by NIH T32 DA007250 and K01 DA046697

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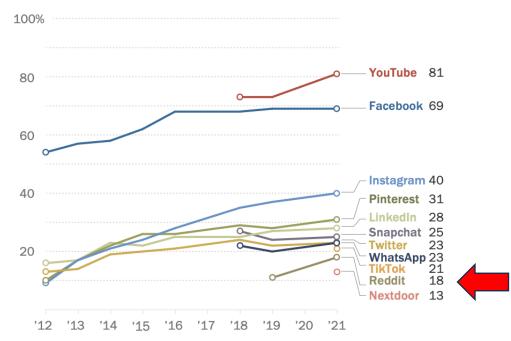
Observational Substance Use Research Data





Growing share of Americans say they use YouTube; Facebook remains one of the most widely used online platforms among U.S. adults

% of U.S. adults who say they ever use ...



Note: Respondents who did not give an answer are not shown. Pre-2018 telephone poll data is not available for YouTube, Snapchat and WhatsApp; pre-2019 telephone poll data is not available for Reddit. Pre-2021 telephone poll data is not available for TikTok. Trend data is not available for Nextdoor.

Source: Survey of U.S. adults conducted Jan. 25-Feb. 8, 2021.

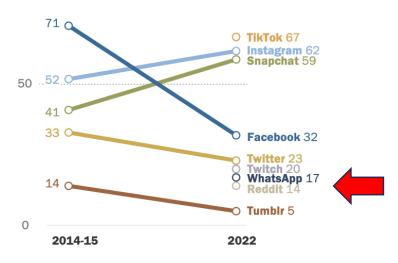
"Social Media Use in 2021"

PEW RESEARCH CENTER

Since 2014-15, TikTok has arisen; Facebook usage has dropped; Instagram, Snapchat have grown

% of U.S. teens who say they ever use any of the following apps or sites





Note: Teens refer to those ages 13 to 17. Those who did not give an answer are not shown. The 2014-15 survey did not ask about YouTube, WhatsApp, Twitch and Reddit. TikTok debuted globally in 2018.

Source: Survey conducted April 14-May 4, 2022. "Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

What's Reddit?



- Social news aggregation, content rating, discussion website founded in 2005
- 6th most visited website in the United States, 10th most visited worldwide (2023)
- Content-specific communities or forums called "subreddits"
- Pseudo-anonymous contributors and volunteer moderators
- Customizable interaction and engagement
 - subscribing to subreddits
 - commenting (in nested threads)



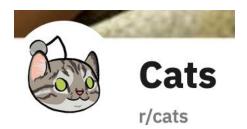
■ upvotes/downvotes ("karma points") → visibility



How Luse Reddit











Drug and Alcohol Dependence

Volume 188, 1 July 2018, Pages 364-369



Full length article

Understanding emerging forms of cannabis use through an online cannabis community: An analysis of relative post volume and subjective highness ratings

Meredith C. Meacham ^a $\overset{\circ}{\bowtie}$ Michael J. Paul ^b, Danielle E. Ramo ^a

PLOS ONE



RESEARCH ARTICLE

"I got a bunch of weed to help me through the withdrawals": Naturalistic cannabis use reported in online opioid and opioid recovery community discussion forums

Meredith C. Meacham , Alicia L. Nobles, D. Andrew Tompkins, Johannes Thrul

Published: February 8, 2022 • https://doi.org/10.1371/journal.pone.0263583

Benefits of using Reddit

Challenges of using Reddit



Content specific communities



Large amounts of data



Open discussion & rich language



Ephemeral data



Timeliness



Lack of consistent demographic & geographic information



Who uses Reddit in the United States?

(compared to other social media)

	YouTube	Facebook	Instagram	Pinterest	LinkedIn	Snapchat	Twitter	WhatsApp	TikTok	Reddit	Nextdoor
Total	81	69	40	31	28	25	23	23	21	18	13
Men	82	61	36	16	31	22	25	26	17	23	10
Women	80	77	44	46	26	28	22	21	24	12	16
White	79	67	35	34	29	23	22	16	18	17	15
Black	84	74	49	35	27	26	29	23	30	17	10
Hispanic	85	72	52	18	19	31	23	46	31	14	8
Ages 18-29	95	70	71	32	30	65	42	24	48	36	5
30-49	91	77	48	34	36	24	27	30	22	22	17
50-64	83	73	29	38	33	12	18	23	14	10	16
65+	49	50	13	18	11	2	7	10	4	3	8

Pew Research Center 2021



Changes and Uncertainties

TECHNOLOGY

Thousands of Reddit communities 'go dark' in protest of new developer fees

June 12, 2023 - 5:00 AM ET By Bobby Allyn, Tilda Wilson



Thousands of communities on Reddit are "going dark" in response to changes the company announced that would charge third-party developers for access to its site data.

COALITION for INDEPENDENT TECHNOLOGY RESEARCH

Signatures & Mutual Aid - Restricting Reddit Data Access Threatens Online Safety & Public-Interest Research

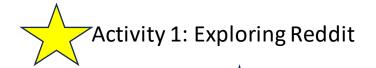
Last week, soon after Reddit announced plans to restrict free access to the Reddit API, the company cut off access to Pushshift, a data resource widely used by communities, journalists, and thousands of academics worldwide. The impacts of losing access to Reddit data are twofold:

- It will disrupt critical projects from thousands of journalists, academics, and civil society actors who study some of the most important issues impacting our societies today, and
- It will hinder Reddit's volunteer moderators from the vital positions they hold keeping their communities and Reddit's user base safe from harm.





Workshop Overview





Activity 2: Reddit
Research Questions

r/AskAComputerScientist: Processing Reddit Data for the Social Sciences
Alexandra DeLucia, MSE
Johns Hopkins University

Harnessing Reddit: The Methods and Their Limitations in Analyzing Unstructured Data from Social Media
Savannah Brenneke, MPH
Johns Hopkins University

Activity 3: Working with Reddit Data

Ethical Responsibility and Reddit Research: How Contextual Integrity Can Help Guide Practice

Nicholas Proferes, PhD Arizona State University



Q & A | Discussion | Further Resources

Activity 1: Exploring Reddit

Go to Reddit.com or download the Reddit App. Search for a topic or community related to your research interests:

HEALTH & FITNESS

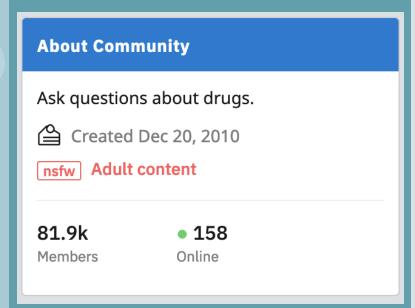
Or explore communities by topic:

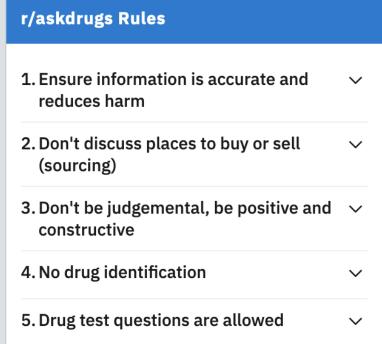
Search Reddit

Pick a subreddit community and note:

- What stands out?
- How is the community described? When did it start?
- How many subscribers does it have?
- What kind of posts are there (text, links, image, video)?
- What are the subreddit rules?

Activity 1 Example: r/askdrugs





Strictly no requesting, mentioning or giving sources of drugs or paraphernalia, whether legal or illegal. If in doubt - if your post, or a reply to it would make it easier for someone to get drugs, it's not permitted. This includes sourcing conducted in private messages.

This does not include harm reduction related paraphernalia** such as scales, testing kits, syringes, micron filters and so on.



RAPID USE OF REDDIT TO UNDERSTAND EMERGING DRUG TRENDS

Amanda Bunting, PhD

@ABuntingPhD



Acknowledgments

- No conflicts of interest to report
- Funding: K01DA053435, R25DA037190

- Collaborators
 - Noa Krawczyk
 - David Frank
 - Marie Bragg & Lab
 - Sam Friedman
 - Yuanqi Gu
 - Thomas Lippincott
 - Meredith Meacham
 - Simran Arya
 - Suhas Nagappala





Use of Reddit to examine opioid use during COVID-19 lockdowns

Drug and Alcohol Dependence Volume 222, 1 May 2021, 108672



Socially-supportive norms and mutual aid of people who use opioids: An analysis of Reddit during the initial COVID-19 pandemic

Amanda M. Bunting a Q M, David Frank b, Joshua Arshonsky c, Marie A. Bragg cd, Samuel R. Friedman e, Noa Krawczyk e

Informal Coping Strategies Among People Who Us **Opioids During COVID-19: Thematic Analysis of** Reddit Forums

Josh Arshonsky ¹ (10); Noa Krawczyk ¹ (10); Amanda M Bunting ¹ (10); David Frank ² (10); Samuel R Friedman 1 (1); Marie A Bragg 1 (1)



International Journal of Drug Policy

Volume 92, June 2021, 103140



Research paper

"How will I get my next week's script?" Reactions of Reddit opioid forum users to changes in treatment access in the early months of the coronavirus pandemic

Noa Krawczyk ^a Amanda M. Bunting ^b, David Frank ^c, Joshua Arshonsky ^d, Yuanqi Gu e, Samuel R. Friedman a, Marie A. Bragg d e

COVID-19-Related Changes to Drug-Selling Networks and Their Effects on People Who Use Illicit Opioids

Journal of Studies on Alcohol and Drugs, 84(2), 222-229 (2023).

Article Tools

David Frank, Ph.D., a,* Noa Krawczyk, Ph.D., b Joshua Arshonsky, M.A., Marie A. Bragg, Ph.D., c,d Sam R. Friedman, PH.D..c & Show All... + Affiliations



Fentanyl and other synthetic opioid overdose involved fatalities have been rising since 2013

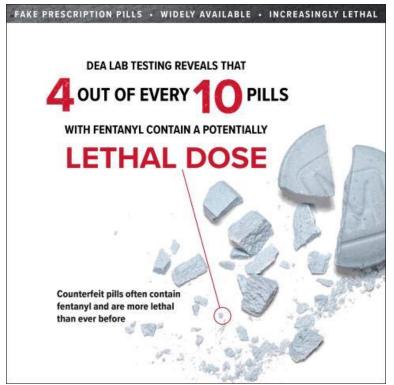
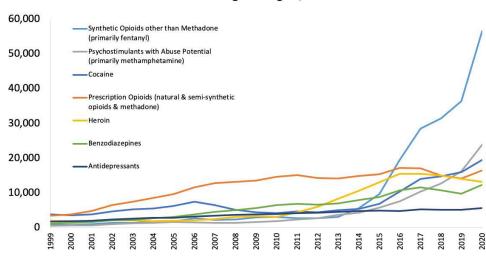




Figure 2. National Drug-Involved Overdose Deaths*, Number Among All Ages, 1999-2020



*Includes deaths with underlying causes of unintentional drug poisoning (X40–X44), suicide drug poisoning (X60–X64), homicide drug poisoning (X85), or drug poisoning of undetermined intent (Y10–Y14), as coded in the International Classification of Diseases, 10th Revision Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2020 on CDC WONDER Online Database, released 12/2021.



Use of Reddit to understand how persons who drugs were experiencing the rise of fentanyl in the drug supply

Original Articles

Fentanyl in Pressed Oxycodone Pills: A Qualitative Analysis of Online Community Experiences with an Emerging Drug Trend

Simran Arya, Suhas Nagappala, Noa Krawczyk , Yuanqi Gu, Meredith C. Meacham & Amanda M. Bunting ≥ □
Pages 1940-1945 | Published online: 15 Sep 2022

.............

Trends in fentanyl content on Reddit substance use forums, 2013-2021



Journal of General Internal Medicine





Is your research question appropriate for Reddit data?

- Accelerated data collection
 - Overcomes some of the limitations of the scientific process, data collection
- Real time
 - Data can be collected historically or current
- Subpopulation behaviors that are organic
 - Less likely to have social desirability effects, stigma reduced
 - Explore phenomenon that we are ethically unable to explore
- Resources to investigate are otherwise limited
 - Only if all the above are still important



Example research questions

- What are the motives of substance use? (e.g., <u>Pestana et al., 2021</u>; <u>Sharma et al., 2017</u>)
- How has substance use (and characteristics of use) changed over time? (e.g., Bowen et al., 2019; Bunting et al., 2023; Meacham et al., 2018)
- How do persons who drugs resonate with televised portrayals of substance use? (e.g., Kaufman et al., 2020)
- How do persons who drugs support each other? (e.g., <u>D'Agostino et al., 2017</u>; <u>Bunting et al., 2021</u>; <u>Rhidenour et al., 2021</u>)



National Drug Early Warning System

Web Surveillance

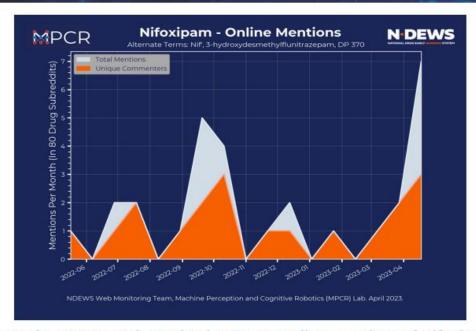
Social media platforms provide a unique indicator of activity in the rapidly changing market for new psychoactive substances (NPS). On the popular Reddit website, drug-related discussion occurs in user-ge subreddits dedicated to a drug, a class of drugs, or more general topics related to drug use or experiment. The contents of drug subreddit discussions can be useful for estimating temporal trends in NPS use, incluearly and real-time identification of emerging drugs.

In collaboration with the Machine Perception and Cognitive Robotics (MPCR) Lab, under the direction of Description and PhD student Daniel Van Zant the NDEWS Coordinating Center developed a web monitoring platform for early detection of NPS in drug subreddits. Trends in drug discuss quantified through anonymized, aggregate keyword counts derived from algorithmic monitoring of ~80 coriented subreddits. Keyword metrics count mentions over time of keywords that refer to a drug. Machine learning models are employed for automated detection and aggregation of drug keywords.

In combination, these methods detect drug-related activity that is anomalous and potentially indicative of emerging trend in the development or use of novel substances. **Validation on historical trends** reveals the detection of an NPS in drug subreddit discussion is predictive of its subsequent emergence in toxicology other real-world signals. Early detection of NPS trends by web monitoring serves as a source for further investigation and collaboration with NDEWS partners.

https://ndews.org/novel-surveillance/web-surveillance/

NODEWS NATIONAL DRUG EARLY WARNING SYSTEM



Alert from the NDEWS Web Monitoring Team: Online mentions of Nifoxipam

What was found? The drug nifoxipam has had very sparse activity in drug-related subreddits, with the largest increase occurring over the past two months. Before this point, the drug had consistent low activity online. Based on online activity, this potentially indicates an early signal for a substance that could replace etizolam or clonazolam as these drugs are beginning to come under tighter control.

What is Nifoxipam? Nifoxipam is a metabolite of the benzodiazepine flunitrazepam. The drug produces strong tranquilizing and sleep-prolonging effects. It is one of many "designer benzodiazepines" currently available.

How is it being discussed? Most commenters on Reddit discuss using the drug as a replacement for etizolam or clonazolam. Reported motivations for use have included easier availability, lower perceived legal risk, lower perceived toxicity, and a weaker effect.

Drug Terms: Nifoxipam, Nif', 3-hydroxydesmethylflunitazepam, DP 370

amanda.bunting@nyulangone.org

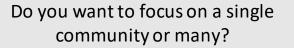
amandabunting.com

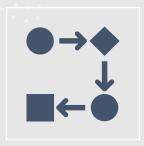
@ABuntingPhD



Activity 2: Reddit Research Questions







What time periods are you interested in?



Are your interests qualitative, quantitative, or both?



What has been published on this topic (biomedical, social sciences, computer sciences)?

r/AskAComputerScientist: Processing Reddit Data for the Social Sciences

Alexandra DeLucia, MSE

PhD Candidate

Center for Language and Speech Processing

Department of Computer Science, Johns Hopkins University





Overview

- ↑ ↑ ↓ Tenets of Data Collection
- 1 2 U Anatomy of a Reddit Thread
- ↑ 3 Processing Reddit Data
 - 1 3.1 U Obtaining + Future of APIs
- û 4 ↓ TL;DR + AMA

Disclosures

No conflicts of interest to report

Scale

How many posts, users, subreddits, etc, are needed?

Tenets of Data
Collection

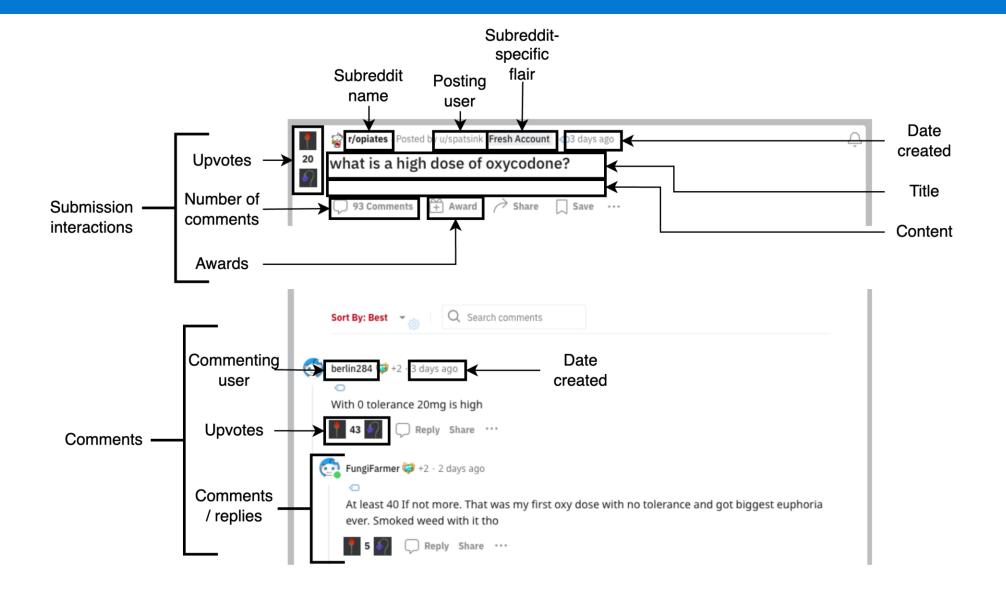
Time

How much time is allotted for the collection?

Resources

Which compute resources are available, for processing and storing?

Anatomy of a Reddit Thread



Anatomy of a Reddit Thread...in code*

```
'id': '141udhx',
             'permalink': '/r/opiates/comments/141udhx/what is a high dose of oxycodone/',
              author': Redditor(name='spatsink'),
 Author
              author flair text': 'Fresh Account',
             title': 'what is a high dose of oxycodone?',
              'selftext': '',
Submission
             'is self': True,
 content
             'url': 'https://www.reddit.com/r/opiates/comments/141udhx/what is a high dose of oxycodone',
              'score': 21,
              'ups': 21,
              'upvote ratio': 0.89,
Submission
              num comments': 93,
interactions
              num crossposts': 0,
              'num duplicates': 0a,
              'num reports': None,
             ' comments': ..,
                                      *This is a JavaScript Object Notation (JSON) object, it is a way to
                                      store structured data. Similar to comma-separated values (CSV).
```



Processing Reddit Data

Obtaining Reddit Data

Two main methods for obtaining Reddit data

- 1. Application Programming Interfaces (APIs)*
 - a. Pushshift.io
 - b. Official Reddit API

- 2. Manually (via Reddit Search bar)
 - a. Screenshots
 - b. Copy/paste

```
import praw

reddit = praw.Reddit(
    client_id="my client id",
    client_secret="my client secret",
    user_agent="my user agent",
)
```

Obtaining Reddit Data

Reddit API

- Allows for search, collecting specific posts and comments, collecting subredditspecific posts
- Contains up-to-date post attributes (i.e., upvotes)

Pushshift.io

- Third-party (i.e., unaffiliated) collection and host of Reddit data
- Large "dumps" available containing all comments/submissions for all subreddits per month (roughly 30GB per compressed file)
- Search for subreddits, keywords, and specific date ranges, and other archived posts



Future of Reddit API





Future of Reddit API

- Official Reddit API Access for researchers and third-party apps is changing this year. User access remains the same at no cost.
- Effective July 1, the free tier will allow 100 queries (requests) per minute
- Pushshift.io is currently down will potentially allow access for moderators and researchers
- Adult-only (NSFW) subreddits and posts could be restricted, which includes some substance-use communities



How to Store?

Storing the Data

In a Database

- MySQL, Apache Solr
- Re-running analysis with various settings is easier (e.g., specific date ranges, excluding users)
- Learning curve for storing and querying

In Files

- CSVs, JSON, etc
- Requires programming knowledge for efficient reading
- Iterate through all files for each analysis

Tips

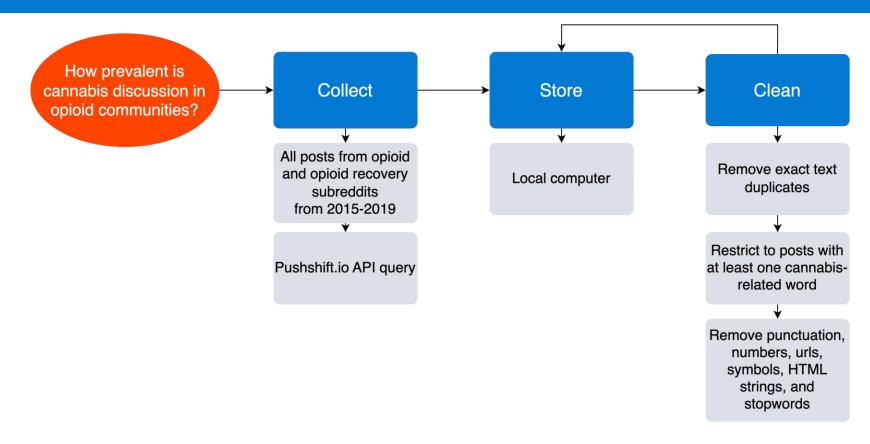
Storing the Data

- Store *compressed* files (e.g., .gz)
 - Text is significantly smaller than images and videos
- Only save the needed information
 - Not all attributes are needed (e.g., "author flair")
 - Thorough cleaning can reduce storage needs
- Save files grouped in ways they will be frequently accessed
 - e.g., by subreddit, by date, by post (grouped with comments)

Cleaning the Data

- 1 Tiltering unwanted data
 - Spam, duplicates, bots, ads
 - Restricting to posts with specific keywords
 - Removing posts with images, crossposts
- 1 2 Dost-level processing
 - Removing HTML and Markdown formatting code
 - Stem words for frequency stats
 - e.g., {smoking, smoked, smoke} -> smok

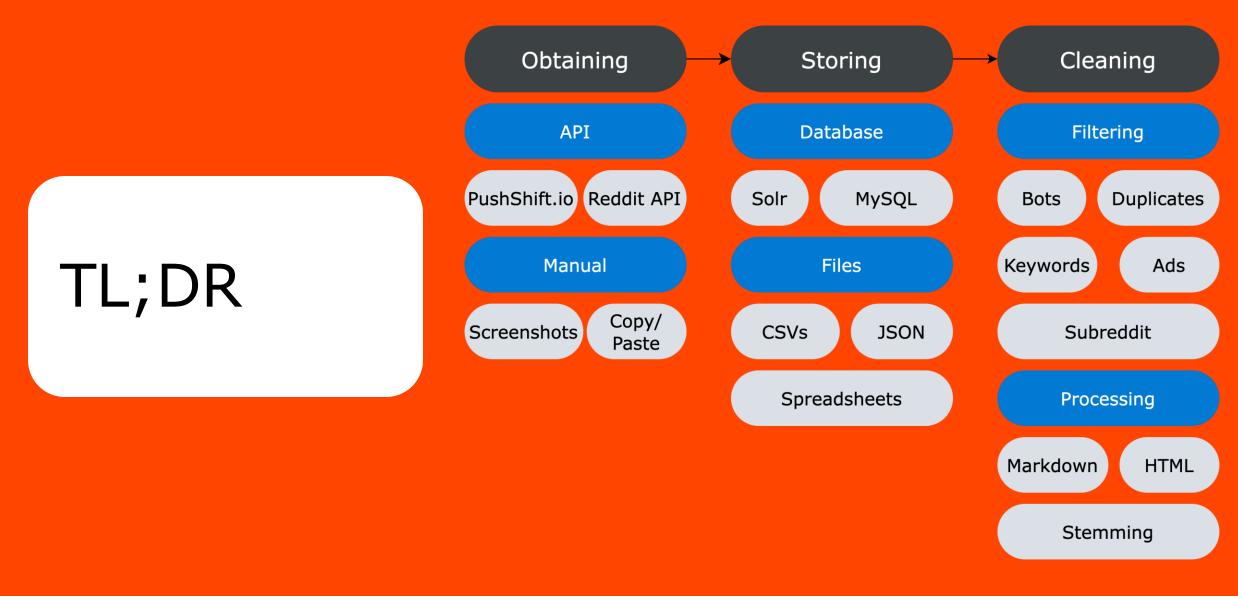
Example Process



Meacham MC, Nobles AL, Tompkins DA, Thrul J (2022)

"I got a bunch of weed to help me through the withdrawals": Naturalistic cannabis use reported in online opioid and opioid recovery community discussion forums.

PLoS ONE 17(2): e0263583. https://doi.org/10.1371/journal.pone.0263583









Harnessing Reddit: The Methods and Their Limitations in Analyzing Unstructured Data from Social Media

Disclosures I have NO financial disclosure or conflicts of interest with the presented material

Funding NIDA T-32 Drug Dependence Epidemiology Training Program T32DA007292

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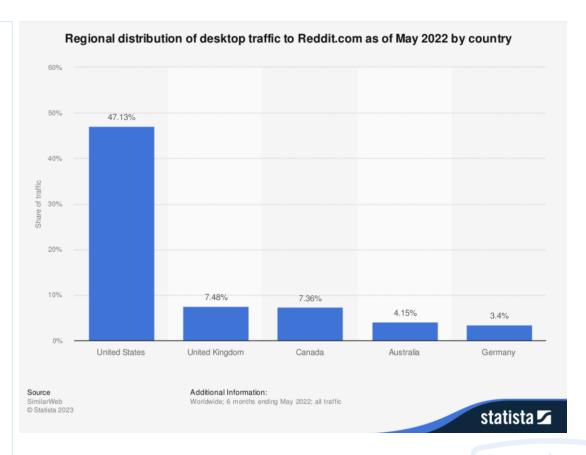
Overview

- Assumptions in Reddit Data:
 - Representativeness
 - Generalizability
- Quantitative Methods
 - Computational
 - Infodemiologic
- Qualitative Methods
 - Focus groups & interviews
 - Observation
- Example Meacham, M.C., Nobles, A.L., Tompkins, D.A.,
 & Thrul, J. (2022)

Assumptions within Reddit

WHO is using Reddit

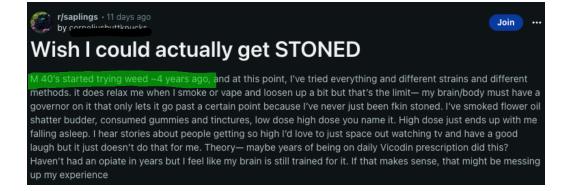
- More then 430 million users MONTHLY
- >60% are between 18-29 years of age
- Majority of users are:
 - MALE
 - LEFT-LEANING
 - COLLEGE EDUCATED
- Over 90% of posts are in ENGLISH *including nonnative speakers

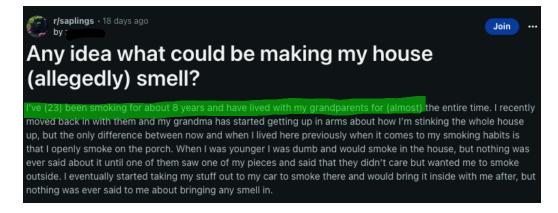




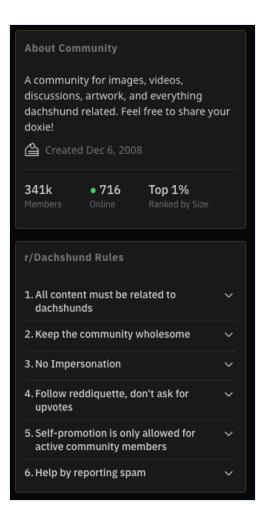
Estimating Demographic Information

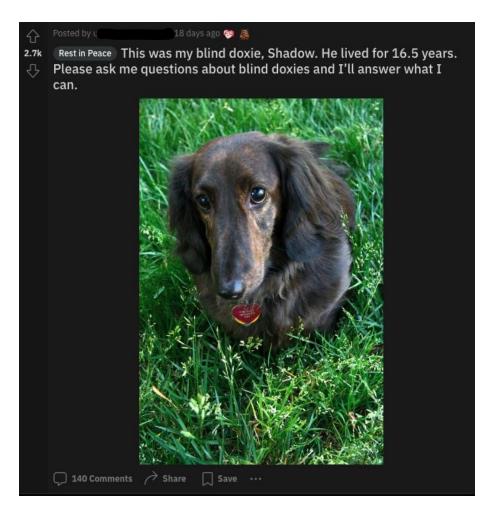
- Individuals OCCASSIONALLY disclose demographic details
- Nature of disclosures vary, with disclosures serving certain purposes
 - Narration
 - Establish credibility
 - Relate to topic information
- Researchers, e.g. <u>Chew et al (2021)</u>, have attempted to use computational methods to estimate user demographics





What people are DOING on Reddit

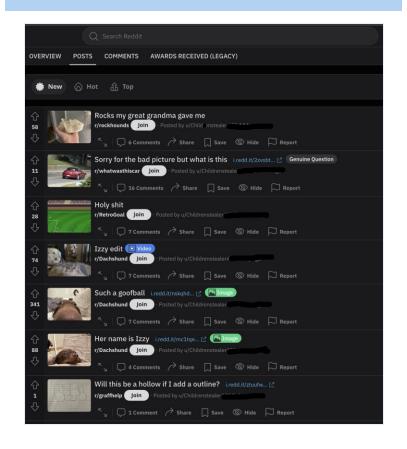




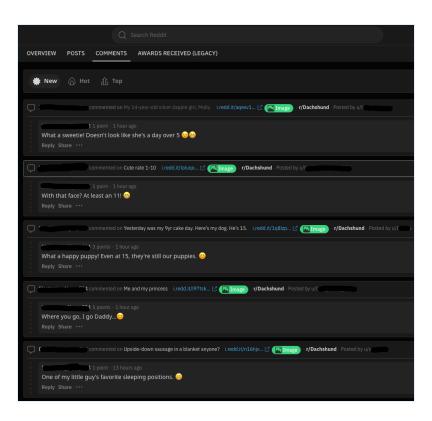


Redditor Engagement

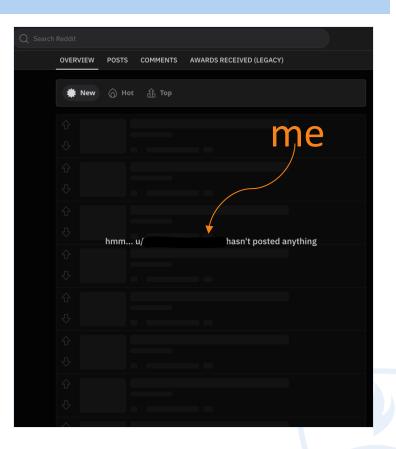
POSTER



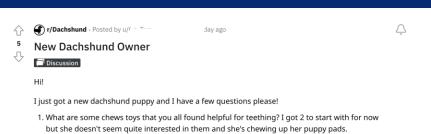
COMMENTER



LURKER



User Level <u>Active-Engagement</u>: SUBMISSIONS

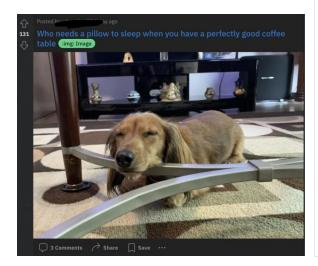


2. How best to potty train her? I had an Aussie that didn't have a problem with outdoor peeing and pooping and was potty trained in 4 days but she doesn't seem interested in using the bathroom outdoors but I see her get anxious when she needs to poop.

3) What kind of pet insurance and what annual limit is ideal for her breed? I'm looking to do 90% coverage, \$500 deductible and add wellness coverage but not sure the annual limit. I know they tend to have back problems and she had an inguinal hernia that was dealt with already.

I'm open and welcoming any other suggestions/ideas/etc please!

5 Comments + Award Share Save ...

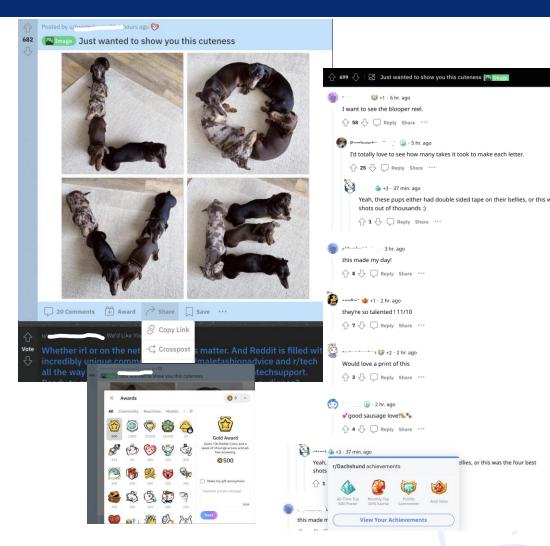


- Redditor is initiator and creator of original content shared in community
- Initiation can be high-stakes for some
- Submissions as data points may be informative for:
 - Story-telling / Narration
 - Advice-seeking
 - General disclosure
 - Entertainment/Trend Sharing

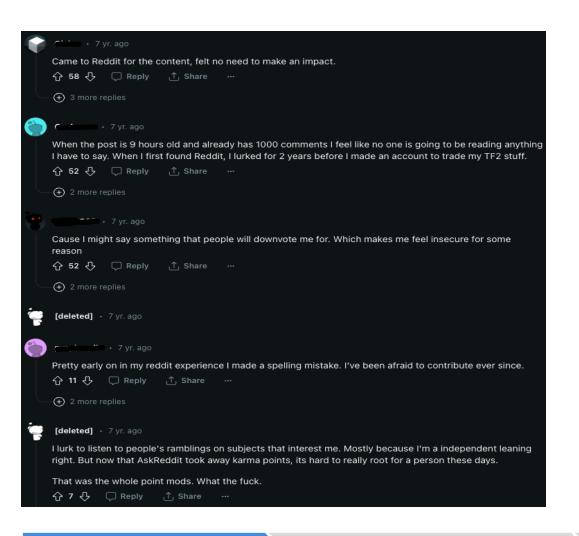
User Level <u>Active-Engagement</u>: COMMENTING & INTERACTING

- ► Multiple levels of engaging without being an "initiator":
 - Commenting
 - Up & Down Voting
 - Gifting
 - Cross posting
- Analyses may examine submissions + comments, comments only, other engagement like Karma and Voting
 - See metadata
 - Analysis of submissions + comments inform discourse, community, support networks, etc.





User Level Passive-Engagement: 'LURKING'



- Passively consuming information with OR without an account
 - Browsing
 - Searching
- 'lurkers' or passive-consumers cannot be captured in the data
- Belonging to and content consumption behaviors could be insightful to current or future 'real-life' behaviors

Why does all this matter?

Representativeness

- Reddit user base is unlikely to be representative of populations
 - Minority
 - Disconnected
 - Lower-income
 - Non-native English speakers
- Engagement levels have different risks & rewards, i.e. experiences shared/discussed may skew data

Generalizability

- Without demographic and geographic information, Reddit data is unlikely to generalize to broader populations
- Across Reddit generalizability is also limited by
 - Community rules
 - Membership
 - Reward systems

QUANTITATIVE METHODS



Computational Methods



- <u>Term frequency Inverse document frequency (tf-idf)</u>
 - Estimation of the most commonly used <u>unique</u> and <u>informative</u> terms within a document and among a collection of documents

$$ext{tf-idf}(ext{t,d}) = ext{tf}(ext{t,d}) imes ext{idf}(ext{t}). \qquad ext{idf}(ext{t}) = ext{log}\, frac{1+n}{1+ ext{df}(ext{t})} + 1$$



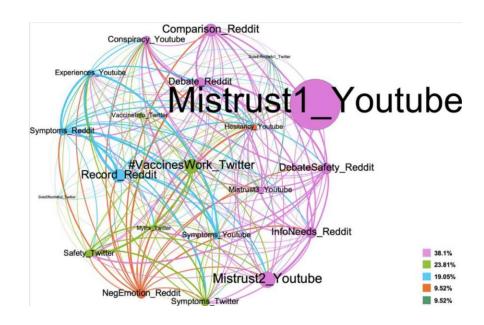
- Word-embeddings
 - Numerical (vector) representation of a word that allows words that occur in similar contexts to have the similar representations.
 - E.g., word2vec, GloVe, BERT, ClinicalBERT
- Sentiment analysis
 - Context mining of subjective information
 - Text classification (e.g., positive, negative, neutral)

Assumptions Quantitative Qualitative

Computational Methods



- Topic modeling
 - Exploring abstract "topics" within a set of documents
 - Latent Dirichlet allocation (LDA)
- Network analysis
 - Structural analysis of relationships or processes
- Predictive modeling
 - Using existing data to forecast future
 - Regression models, decision trees and neural networks





Infodemiologic Methods

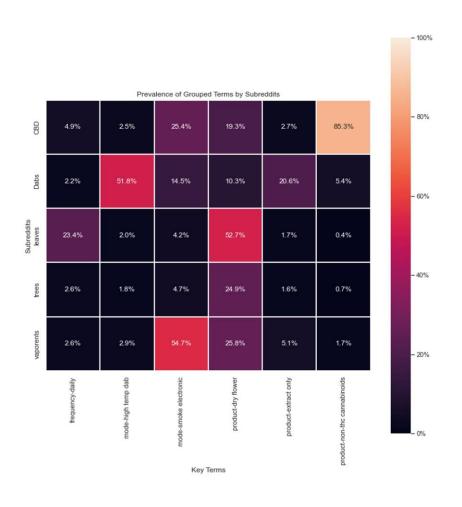
► Infodemiology coined in early 2000's by Dr. Gunther Eysenbach



- "...the science of distribution and determinants of information in an electronic medium, specifically the Internet, or in a population, with the ultimate aim to inform public health and public policy."
- Supply- and demand-based infodemiology
 - Supply = what is published online
 - Demand = search and click behaviors
- ► Infoveillance as a second arm of infodemiology

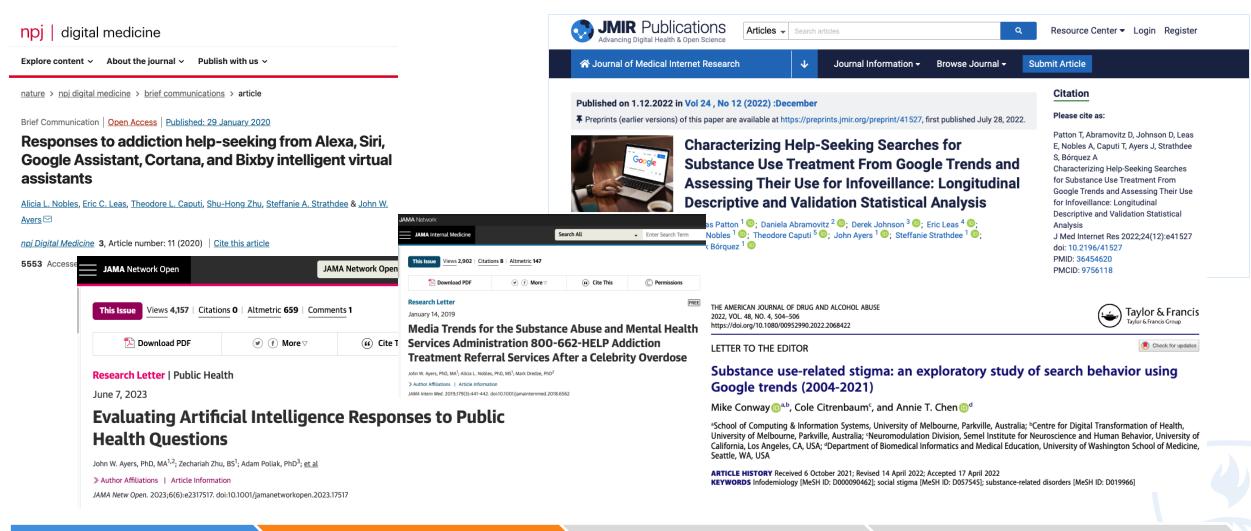


SUPPLY: Information (Concept) Prevalence, Incidence, Cooccurrence



- Prevalence
 - Absolute or relative number a term or keyword is present in a pool of information, i.e. Reddit submissions, comments or submissions + comments
- Incidence
 - Number of new concept units per unit of time, i.e. incidence of mentions of
- Co-occurrence
 - Number of two or more concepts present in the same unit, i.e. two concepts mentioned in a given Reddit submission

DEMAND: Queries and Clicks



QUALITATIVE METHODS

Observational Qualitative Methods

- ► CONTENT ANALYSIS: most commonly used qualitative method assuming treated as a qualitative
 - Note: quant + qual approaches to content analysis are common
- Require development of a codebook to guide coding of content
 - Inductive ground-up approach
 - Deductive top-down approach
 - A mix of inductive-deductive
- Others:
 - Discourse analysis
 - Ethnographic observation
 - Grounded theory
 - Case Studies

U EXAMPLE

PLOS ONE

⑥ OPEN ACCESS
Ø PEER-REVIEWED



RESEARCH ARTICLE

"I got a bunch of weed to help me through the withdrawals": Naturalistic cannabis use reported in online opioid and opioid recovery community discussion forums

Meredith C. Meacham , Alicia L. Nobles, D. Andrew Tompkins, Johannes Thrul

Published: February 8, 2022 • https://doi.org/10.1371/journal.pone.0263583

Article	Authors	Metrics	Comments	Media Coverage	Peer Review
*					

Abstract

Introduction

Materials and methods

Results

Discussion

Acknowledgments

References

Reader Comments

Figures

Abstract

A growing body of research has reported on the potential opioid-sparing effects of cannabis and cannabinoids, but less is known about specific mechanisms. The present research examines cannabis-related posts in two large online communities on the Reddit platform ("subreddits") to compare mentions of naturalistic cannabis use by persons self-identifying as actively using opioids versus persons in recovery. We extracted all posts mentioning cannabis-related keywords (e.g., "weed", "cannabis", "marijuana") from December 2015 through August 2019 from an opioid use subreddit and an opioid recovery subreddit. To investigate how cannabis is discussed at-scale, we identified and compared the most frequent phrases in cannabis-related posts in each subreddit using term-frequency-inverse document frequency (TF-IDF) weighting. To contextualize these findings, we also conducted a qualitative content analysis of 200 random posts (100 from each subreddit). Cannabis-related posts were about twice as prevalent in the recovery subreddit (n = 908; 5.4% of 16,791 posts) than in the active opioid use subreddit (n = 4,224; 2.6% of 159,994 posts, p < .001). The most frequent phrases from the recovery subreddit referred to time without using opioids and the possibility of using cannabis as a "treatment." The most frequent phrases from the opioid subreddit referred to concurrent use of cannabis and opioids. The most common motivations for using cannabis were to manage opioid withdrawal symptoms in the recovery subreddit, often in conjunction with anti-anxiety and GI-distress "comfort meds," and to enhance the "high" when used in combination with opioids in the opioid subreddit. Despite limitations in generalizability from pseudonymous online posts, this examination of reports of naturalistic cannabis use in relation to opioid use identified withdrawal symptom management as a common motivation. Future research is warranted with more structured assessments that examines the role of cannabis and cannabinoids in addressing both somatic and affective symptoms of opioid withdrawal.

Quantitative Methods: Concept prevalence and tf-idf

- Concept prevalence, reported as "proportion of cannabis-related posts":
 - Key-term search for "weed",
 "cannabis", "marijuana", "pot", "reefer",
 "ganja", "thc", and "cbd"
 - Cannabis-related posts overall by subreddit and estimations overtime (per month)
- tf-idf, examining most frequent words and phrases in cannabis-related posts
 - Explored top 10 unigram, bigrams and trigrams, via highest tf-idf weighting

	Recover	Recovery Subreddit		Opioid Subreddit	
Total Posts (N)	16,791		159,994		
Cannabis Posts (N, % of Total)	908	5.4%	4,224	2.6%	
Total Wordcount (Median, IQR)	101	(32, 224)	24	(8, 88)	
Cannabis Post Wordcount (Median, IQR)	279	(151, 435)	173	(80, 347)	
Change in proportion of posts mentioning cannabis per month (Slope, p -value)	0.014%	0.29	-0.013%	0.0051	

IQR: Inter-quartile range.

Table 1. Comparison of posts containing cannabis terms between active opioid use and opioid recovery subreddits (late 2015-mid 2019).

	Top 10 most frequent terms (tf-idf weighting)
Recovery unigrams	marijuana, cbd, clean, opiate, recovery, cannabis, kratom, day, days, weed
Recovery bigrams	day marijuana, weed recovery, zoloft pot, health benefits, medical marijuana, marijuana treat, opiate substitution, substitution the, benefits cannabis, weed social
Recovery trigrams	opiate substitution thc, health benefits cannabis, weed social drinking, kratom cbd recovery, medical marijuana treat, marijuana treat addiction, health benefits cbd, benefits cbd oil, facts opiate crisis, opiate crisis cbd
Opioid unigrams	opiates, marijuana, cbd, heroin, weed, like, smoke, oxy, just, get
Opioid bigrams	smoke weed, smoking weed, weed opiates, first time, medical marijuana, hydro weed, weed hydro, feel like, anyone else, right now
Opioid trigrams	pill porn weed, coke h weed, combining tramadol weed, going weed withdrawals, weed valium amazing, xanax ambien weed, growing cannabis mistake, bars weed hash, h alc weed, 10mg hydro weed

Table 2. Top 10 most frequent n-grams in cannabis-related posts

Quantitative Methods: "Keyness" scoring

Table 3

Top 15 most unique unigrams and bigrams in cannabis-related posts.

	Top 15 most unique terms (unweighted)
Recovery unigrams	recovery, clean, day, days, help, years, withdrawal, support, paws, life, relapse, using, months, feel na
Recovery bigrams	days clean, feel like, cold turkey, w d [withdrawals], every day, per day, cbd oil, months clean, first days, enough enough, physical symptoms, favorite lyrics, hard time, stay strong, comfort meds
Opioid unigrams	bag, guys, guy, black, white, u, lol, fent, fuck, tolerance, dude, weed, shit, opium, dope
Opioid bigrams	front door, cold cop, gas station, r drugs, high like, get addicted, shit like, opiate tolerance, anyone else, living room, opium poppy, stay safe, happy nods, drug test, shit post

- ► **Keyness scoring,** estimating terms or words that are unique and important within a subreddit by comparing to the other
- Recovery subreddit key terms focus on
 - Time spent "clean"
 - Withdrawal & PAWS
 - Relapse
 - Challenges with recovery
- Larger opioid subreddit key terms
 - Mentions of people
 - Profanity
 - Tolerance
 - References of amounts or effects of drugs

Qualitative Methods: Content analysis

	Code Definition	Recovery Subreddit (N = 100)	Opioid Subreddi (N = 100)
False Positive	Post is not about cannabis (e.g., "pulling weeds")	2	0
Opioid use disclosure			
No / Not personal / NA	Refers to someone else's use or media depiction	11	22
Yes	Discloses personal use	89	78
Past	Reflection on initial use or use several years ago	6	9
Current	Recent use, just used, or short-term plans to use	9	40
Reducing	In withdrawal, tapering use, or abstinent	74	29
Cannabis use disclosure			
No / Not personal / NA	Refers to someone else's use or to cannabis legalization news	23	32
Yes	Discloses personal use	77	68
Past	Reflection on initial use or use several years ago	14	14
Current	Recent use, just used, or short-term plans to use	52	49
Reducing	Cutting back or intentionally abstinent	11	5
CBD use disclosure	Specifically mentions CBD use	7	2
Motivations			
Withdrawal management	Cannabis is used to manage opioid withdrawal symptoms (e.g., anxiety, nausea, aches, malaise)	43	12
Helpful on its own	States that cannabis is helpful	9	2
Helpful with other strategies	Describes several strategies, including cannabis	22	10
Unclear	Unclear how helpful cannabis is for withdrawal	10	0
Not helpful	States that cannabis is not helpful	2	0
Questioning compatibility	Questions about effectiveness or social acceptability of cannabis use during opioid recovery	12	3
Polysubstance use	Use of cannabis and an opioid at the same time to achieve desired high	3	18
Pain management	Cannabis use explicitly for pain management	6	5
Helpful with other strategies	Describes several strategies, including cannabis	3	2
Unclear	Unclear how helpful cannabis is for pain	3	3
Healthcare provider interaction	Poster refers to interaction with a healthcare provider or system	26	14
Related to cannabis use	Refers to a provider or program's attitudes towards cannabis	7	3

Motivations	Sample Quotations		
Withdrawal symptom management	"Marijuana is AMAZINGLY helpful. I'm going to ramble because it is a nice distraction. I hate marijuana usuallyI had some pretty bad WDs and I feel better than ever because of weed." (recovery subreddit)		
	"2 days clean. I have no one else to tell I'm taking a few hits of pot every 4 hours to ease the symptoms it's been making it tolerable." (recovery subreddit)		
Questioning compatibility	"As far as marijuana goes, I haven't decided if I want to start again. Any feedback from people who have stopped marijuana and then started again would be appreciated. Any regrets starting again? Did it affect your recovery negatively?" (recovery subreddit)		
	"Opiates are usually my first priority, but I'm interested in weed now. My options are either maintenance therapy without weed or to trying to medicate with weed Should I keep pursuing maintenance? Or really try to get clean and smoke weed instead? Maybe it's just that now that I'm on subs I see maintenance does not mean I am high all the time and I still want to keep doing that somehow." (recovery subreddit)		
Polysubstance use	"I'm having a very pleasant night sitting here, vegging out online—I am currently stable on my Suboxone dose, with a nice shot of crystal and some good weed" (opioid subreddit)		
	"Tonight I smoked up a joint of heady weed with hash in it, then smoked like 500mg heroin 50mg at a time." (opioid subreddit)		
Pain management	"Hi chronic pain sufferers—how effective is weed for your pain? does it work for you at all? I find that it is just a distraction for me when I get random back pain." (opioid subreddit)		
	"I came off methadone 9 days ago, and the withdrawal symptoms have sucked, sneezing, watery eyes, restless legs. You know, all that fun stuff. I've been using medicinal cannabis to control the pain, but I'm getting really fed up. Has anyone else done this, and if so, about how long does methadone withdrawal usually last?" (recovery subreddit)		

Direct quotations are lightly edited to reduce chances of re-identification.

Activity 3: Working with Reddit Data

- What information do you want to access, store, and analyze?
- What data might be missing (as it relates your research question)?
- What challenges might you encounter?
- Who could you collaborate with in computer science, data science, information science for data collection (if needed)?
- Could you collaborate with in clinical, health services, policy, civil society, or other fields?



Ethical Responsibility and Reddit Research: How Contextual Integrity Can Help Guide Practice

Nicholas Proferes Arizona State University nprofere@asu.edu

DISCLOSURES

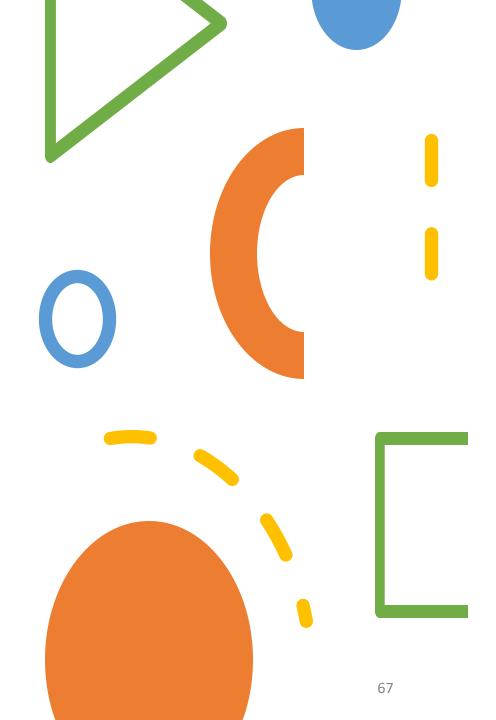
No conflicts of interest to report

Talk Outline

I. Ethics: Two Ways

II. Gap between what researchers do and what users expect.

III. Contextual Integrity



Ethics as Contemplation

Ethics: systems of principles that we use to guide us in making moral evaluations.

- Utilitarianism
- Deontology
- Virtue Ethics, etc.

Using our capacities for **reason** and **judgment** to critically examine our actions and our character.

"Ethics" as Compliance

Process of ensuring conformity with all relevant laws, policies, and guidelines.

These laws/guidelines/policies often draw on ethicsbased principles, such as:

- Respecting human dignity and autonomy
- Maximizing benefit/minimizing harm
- Justice and beneficence

Ensuring researchers do not violate certain baseline conditions for the treatment of others.

Compliance / Contemplation

"Public" social media data analysis often not considered (by U.S. IRBs) as "research involving human subjects."

But, projects using publicly available data from social media sites do not lack ethical dimensions.

They require contemplation alongside (often minimal) compliance.

"Do users know their content is being used for academic study and how do they feel about it?"

Surveyed Twitter users, asking: Whether users think researchers are "allowed" to use their content without reconsent.

Levels of comfort with their tweets being used.

Contextual factors (permission asked; study content; size of dataset; who is doing analysis; kinds of content; status of content; quoted in study).



	Very uncomfortable	Somewhat uncomfortable	Neither uncomfortable nor comfortable	Somewhat comfortable	Very comfortable
you were not informed at all?	35.1%	31.7%	16.4%	13.4%	3.4%
you were informed about the use after the fact?	21.3%	29.1%	20.5%	22.0%	7.1%
it was analyzed along with millions of other tweets?	2.6%	18.7%	25.5%	30.0%	23.2%
it was analyzed along with only a few dozen tweets?	16.5%	30.3%	24.0%	20.2%	9.0%
it was from your "protected" account?	54.9%	20.5%	13.8%	6.0%	4.9%
it was a public tweet you had later deleted?	31.3%	32.5%	20.5%	10.4%	5.2%
no human researchers read it, but it was analyzed by a computer program?	2.6%	14.3%	30.5%	32.3%	20.3%
the human researchers read your tweet to analyze it?	9.7%	27.6%	25.0%	25.4%	12.3%
the researchers also analyzed your public profile information, such as location and username?	32.2%	23.2%	21.0%	13.9%	9.7%
the researchers did not have any of your additional profile information?	4.9%	15.4%	25.1%	34.1%	20.6%
your tweet was quoted in a published research paper, attributed to your Twitter handle?	34.3%	21.6%	21.6%	13.1%	9.3%
your tweet was quoted in a published research paper, attributed anonymously?	9.0%	16.8%	26.5%	28.4%	19.4%

User understandings of data-uses are limited.

Important to understand and study phenomena.

Levels of acceptance vary by specifics.

Notifying/consenting users could create anxiety.



Nissenbaum's framework of <u>privacy as contextual</u> <u>integrity</u> helps us unpack possible issues.

Every situation in life has:

Norms of Information Appropriateness

At a health check-up, it's appropriate for a doctor to ask about my health conditions, but probably not my bank balance.

Norms of Information Flow

At a health check-up, it's appropriate for my doctor to share my health information about with my insurance, but probably not my bank.

Where do these normative expectations come from?

For each contextual situation, we consider:

- Social roles (ours and others)
- Expectations we have for others, and that we think others have of us.
- Likely actions and practices of others, as informed by history, culture, law, and social convention.

Addressing tensions...

- We must continuously weigh the tension between our values and duties.
- Try to get a sense of the norms of appropriateness and information flow with the subreddit.
 - Size, discoverability, subreddit rules.
- In data-sharing, reporting, find ways to anonymize user-data when possible.
 - Obfuscate quotes, don't include usernames, potentially subreddit names, images.

Addressing tensions...

- Re-sharing by request only, with your own user agreement.
- Document decision-making and discuss it!
- Ethical obligations to others: co-workers and students.
 - Debriefing as a team
 - Support services



- Association of Internet Researchers.
- Just shy of two decades of tackling ethics questions involving Internet Research.
- Has published two ethical decision-making guides + flowchart: https://aoir.org/ethics/
 - 2019 Ethical Guidelines (v 3.0).

AUDIENCE Q&A



Extra Information

Anonymization

Reddit is a pseudo-anonymous website but there are further measures that can be taken to protect identity

 Replace each unique username with unique, different ID (e.g., "User1"..."User234"

Reddit API Resources

- JSON example https://www.json.org/json-en.html
- Official API https://www.reddit.com/dev/api/
- Python API wrapper https://praw.readthedocs.io/en/stable/index.html
- Submission and comment attributes https://docs.google.com/document/d/1xp0D3dh9CgCrrRP TBsEfObdgYNstHQU6M1DXrLgUrCc/edit?usp=sharing

Changes to Reddit API Access

"Though access to Pushshift data for research purposes is not available at this time, we are keen to explore possibilities that might allow us to provide researchers with access to datasets essential for their valuable social media research."

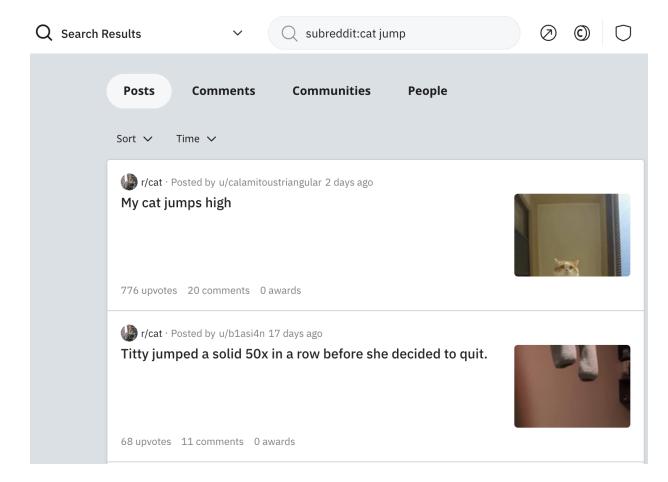
https://www.reddit.com/r/pushshift/comments/13w6j20/advancing_communityled_moderation_an_update_on/

"Effective July 1, 2023, the rate limits to use the Data API free of charge are.. 100 queries per minute per OAuth client id if you are using OAuth authentication and 10 queries per minute if you are not using OAuth authentication."

https://www.reddit.com/r/reddit/comments/145bram/addressing_the_community_about_changes_to_our_api/

Manual Reddit Search

Search syntax https://www.reddit.com/wiki/search/



Data Size Estimates

Data Point	Size
Single comment or submission	~1KB
All submissions and comments from r/trees (uncompressed)	3GB
Month of all comments (compressed)	30GB

Apache Solr for Reddit

- Getting started with Solr https://solr.apache.org/guide/solr/latest/index.html
- Solr configuration for Reddit https://github.com/AADeLucia/Solr-Reddit-Utils

Post-Level Processing

General great resource for tutorials from The Summer Institutes in Computational Social Science https://sicss.io/overview

- Python resources
 - Removing unwanted symbols in text can be done with <u>Python regular expressions</u> ("regex", or <u>pattern-matching</u>) and/or <u>NLTK</u>
 - Scikit-learn https://scikit-learn.org/stable/
 - Loading the files and removing duplicates can be done with <u>Pandas</u>. The <u>read_json</u> method is especially useful.

• R resources

- LOL learn Python
- quanteda package for analyzing text data http://quanteda.io
- But please, learn Python.

Topic Drift

- Jerry Hobbs original overview of "topic drift" in natural human-to-human conversations:
 - https://www.isi.edu/~hobbs/discourse-references/topic-drift.pdf
- ResearchGate Article on the quality issues faced in social media date:
 - Nitin Agrawal, January 2010
 - https://www.researchgate.net/profile/Nitin-Agarwal-14/publication/260337476 Information quality challenges in social media/links/5 515961b0cf2d70ee270abfd/Information-quality-challenges-in-social-media.pdf
- JMIR Publication of a study exploring topic drift in online health discussions
 - Park, A., Hartzler, A. L., Huh, J., Hsieh, G., McDonald, D. W., & Pratt, W. (2016).
 "How Did We Get Here?": Topic Drift in Online Health Discussions. Journal of medical Internet research, 18(11), e284. https://doi.org/10.2196/jmir.6297

Term frequency-inverse Document Frequency (tf-idf)

- Method explanation from scikit-learn https://scikit-learn.org/stable/modules/feature_extraction.html#tfidf-term-weighting
- Implementation in Python https://scikit-learn.org/stable/modules/generated/sklearn.feature_extraction.text.T fidfVectorizer.html#sklearn.feature_extraction.text.TfidfVectorizer
- Article from Int'l Journal of Drug policy deploying tf-idf to identify Novel Psychoactive Substances (NPS) on reddit:
 - Barenholtz, E., Krotulski, A. J., Morris, P., Fitzgerald, N. D., Le, A.,
 Papsun, D. M., ... & Palamar, J. J. (2021). Online surveillance of novel psychoactive substances (NPS): monitoring Reddit discussions as a predictor of increased NPS-related exposure

Word Embeddings

- Word2Vec paper <u>https://proceedings.neurips.cc/paper/2013/file/9aa42b31882ec039965f3c</u> 4923ce901b-Paper.pdf
- State-of-the-art model, BERT
 - BERT model Python implementation https://huggingface.co/bert-base-uncased
 - BERT Paper https://aclanthology.org/N19-1423
 - BERT explanation http://jalammar.github.io/illustrated-bert
- Article from the British Journal on Social Psych about the application of word embeddings to capture cultural bias
 - Durrheim K, Schuld M, Mafunda M, Mazibuko S. Using word embeddings to investigate cultural biases. Br J Soc Psychol. 2023 Jan;62(1):617-629. doi: 10.1111/bjso.12560. Epub 2022 Jul 23. PMID: 35871272; PMCID: PMC10086990.

Topic Modeling

- Readings for understanding topic modeling
 - Main paper https://www.jmlr.org/papers/volume3/blei03a/blei03a.pdf
- Implementations
 - Java implementation (MALLET) https://mimno.github.io/Mallet/index
 - Python implementation (uses MALLET)
 https://radimrehurek.com/gensim 3.8.3/models/wrappers/ldamallet.html
- JMIR article exploring application of LDA and sentiment analysis to detect discussions on Twitter about the COVID-19 vaccine
 - Lyu JC, Han EL, Luli GK. COVID-19 Vaccine-Related Discussion on Twitter: <u>Topic Modeling and Sentiment Analysis</u>. J Med Internet Res. 2021 Jun <u>29;23(6):e24435</u>. doi: 10.2196/24435. PMID: 34115608; PMCID: PMC8244724.

Infodemiology as a Framework

- Journal of Medical Internet Research (JMIR) video & description of infodemiology:
 - https://infodemiology.jmir.org/
- Fully article by Gunther Eysenbach on infodemiology in the American Journal of Prevenative Medicine:
 - Eysenbach G. Infodemiology and infoveillance tracking online health information and cyberbehavior for public health. Am J Prev Med. 2011 May;40(5 Suppl 2):S154-8. doi: 10.1016/j.amepre.2011.02.006. PMID: 21521589.

Privacy as Contextual Integrity:

- Link to the original publication of <u>Helen Nissenbaum's 2004</u>
 <u>Washington Law Review covering the topics of "Privacy as Contextual Integrity"</u>
 - https://crypto.stanford.edu/portia/papers/RevnissenbaumDTP31.pdf