### Measuring Online Information Seeking for Stimulants from Google Search Queries



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#### **Stimulants**

- Stimulants: treatment for attention-deficit/ hyperactivity disorder (ADHD), narcolepsy (ADHD; Julien, 1998)
- Increase alertness and attention by altering chemical levels in the body
- Dramatic rise in prescriptions and use with introduction of new stimulants
- Adderall (1996)
- Focalin (2001)
- Concerta (2000)
- o Ritalin (1954)
- o Dexedrine (1937)
- Vyvanse (2007)
- o Evekeo (2014)
- Stimulant use disorder can occur (Gould et al., 2009; National Institute on Drug Abuse, 2018)

# Stimulant Use Among Adolescents and Young Adults

- High school and college students use stimulants not prescribed to them or prescribed to others to improve academic and social performance (Dussault & Weyandt, 2013)
- Monitoring the Future Study: 5% of 8th, 10th, 12th graders use amphetamines other than as prescribed (Johnston et al., 2017)
- Young adults search online for information about stimulants, and may be purchasing stimulants online without a prescription

(Schepis, Marlowe, and Forman, 2008)

• How can we track stimulant use beyond surveys, which can be infrequent and expensive?

#### **Research Questions**

- We mine Google search queries to determine
- What is the relative interest in different stimulants?
- O How has interest changed over time?
- O How does information seeking vary by season?
- Primary finding:
  - o Adderall most searched, notable 2010 increase
  - Searches for stimulants spike annually around the end of school semesters.

#### **Data and Methods**

- Tracked seven popular stimulants
- Google Trends (trends.google.com)
  - Aggregated search queries over time
- Data accessed through trends Application Programming Interface (API)
- Cannot limit population beyond geography

• Example:

The number of Google search queries (per capita) in the United States that contained the word "ritalin" by week

- Time period: January 1, 2004 December 31, 2018
- Mean searches by stimulant by year
- o Mean searches by stimulant by week of the year

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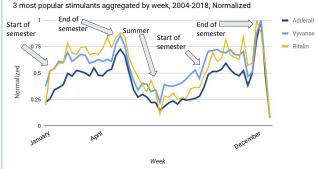
## Google Searches for Stimulants (by year) Sorted by Prevalence in 2018



**Results** 

- Search Rates by Year (Long-term Trend)
- Adderall most searched each year (same as in Monitoring the Future Study, but it did not track as many stimulants as our study)
- Ritalin second most searched 2004-2009, eclipsed by Vyvanse in 2010
- Remaining order: Concerta, Focalin, Dexedrine, and Evekeo

Google Searches for Stimulants (by Week)



- Search Rates by Week (Seasonal Trend)
- Spikes in seasonal trends come at the end of academic semesters