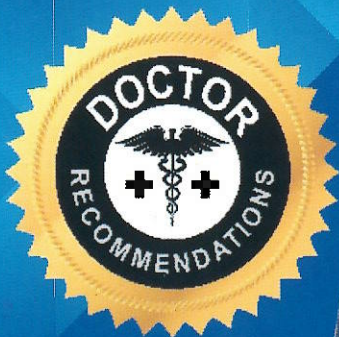


**MEDICAL
BREAKTHROUGH 5 Plus™
MASSAGE CHAIR**

USER MANUAL



MEDICAL BREAKTHROUGH 5 Plus™ MASSAGE CHAIR

Thank you for purchasing this product. Please read this instruction manual carefully before operating the device in order to know how to use this product correctly. Please pay special attention to the safety warnings and save these instructions for future use.

Note: Medical Breakthrough reserves the right to revise the design and description of this product without any further notice.

▶ TABLE OF CONTENTS

Safety and Maintenance	02
Name and Function of Components	04
Function	05
Method of Usage	06
Product Specification	17



SAFETY AND MAINTENANCE

1. Important Safety Tips

- Keep unsupervised children away from this product at all times, and don't allow them to touch the moveable parts of this product.
- Only use a well-grounded power supply with this product.
- Unplug the device after use and before cleaning to avoid personal injury and/or damage to the product.
- Only operate this product according to the instructions contained in this manual.
- Only use recommended accessories with this product.
- Do not use this product outdoors.
- Please read this manual carefully before operating the device.
- Any use that is not listed in this manual is forbidden.
- A 20 minute session time is recommended.
- Do not use the chair if the leather is broken or damaged.
- Do not use if the cover or leather is damaged.
- Do not use the chair if the radiator hole is covered or blocked.
- Do not drop anything into this product.
- Do not use this device if you are drunk or suffering from acute physical illness.
- Do not use this device within one hour after having a meal.
- Do not make the massage function too strong to avoid injury.



2. Proper Environment for Using this Product

- Do not use this device in high temperature and moist environments, such as bathrooms.
- Do not use the device immediately after the environmental temperature changes sharply.
- Do not use this product in dusty or caustic environments.
- Do not use this device in an environment where there is not enough space or good ventilation.

3. People Who Should Consult a Physician Before Using this Product

- People who are suffering from osteoporosis
- People suffering from heart disease or using electronic medical equipment, such as pacemakers
- People suffering from a fever
- Pregnant women
- People with surface level injuries and/or skin diseases
- Children under 14 or the differently able without qualified adult supervision
- People who are advised by a physician to undergo a period of bed rest
- People who are wet
- People who are insensitive to heat should use caution with this product since it has a heating function



SAFETY AND MAINTENANCE

4. Safety

- Check the voltage of your outlet to ensure that it is suitable for this product.
- Do not handle the power cord or plug with wet hands.
- Keep this product away from water to avoid electric shock or damage to the device.
- Do not use a wet cloth to clean the electric parts of the device.
- If the power is suddenly cut, stay away from the device to prevent injury if the power suddenly returns.
- If this product operates abnormally, stop use immediately and contact customer support.
- Stop using this product immediately if you feel unwell or physical discomfort, and consult your health care provider.
- The device is not intended for use by persons with reduced physical, sensory, mental capacities, or lack of experience or knowledge unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the device.
- If the power cord is damaged, it must be replaced by the manufacturer, its authorized service agents, or other similarly qualified persons in order to avoid a hazard and voiding the warranty.

5. Maintenance

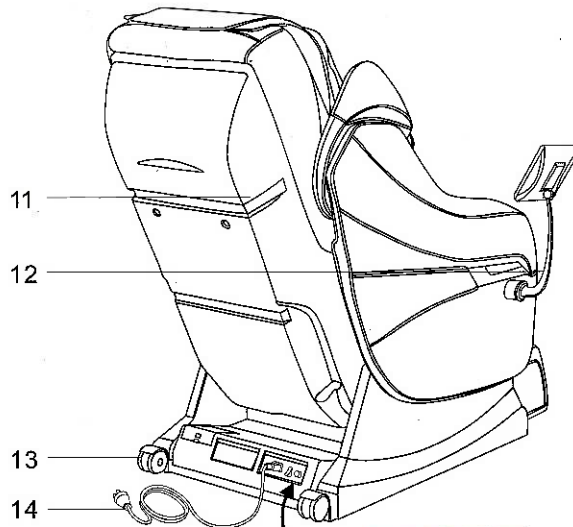
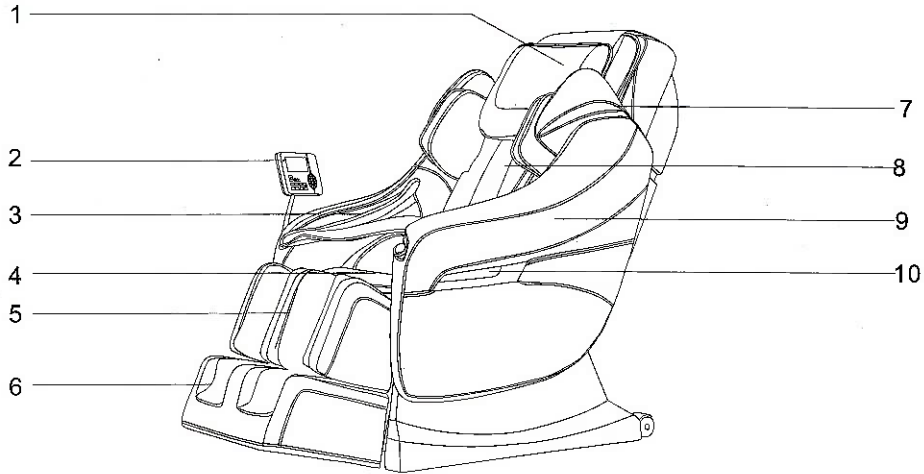
- This product should only be maintained by certain appointed agents; users are prohibited to disassemble or maintain the device by themselves.
- Always turn off the power after usage.
- Do not use this product if the socket loosens.
- If this product will be left unused for an extended period of time, coil up the wires and keep the chair in a dry and dust-free environment.
- Keep this product away from high temperatures and/or open flames, and avoid extended exposure to direct sunlight.
- If the detachable power supply cord is damaged, it must be replaced by the manufacturer, its service agents or similarly qualified persons in order to avoid a hazard.
- Clean the product with a dry cloth. Do not use caustic agents, such as benzene or alcohol.
- The mechanical components of this product are specially designed and manufacturer. They do not require special maintenance.
- Do not roll or push this product over uneven ground; it should be lifted before moving over these surfaces.
- Avoid overusing the device by using it intermittently.

6. Solution for ordinary malfunctions

- During normal operation, it is normal to hear the motor.
- If the controller doesn't work normally, please check the plug and socket and ensure they are connected securely and that the power switch is on.
- If the rated working time is over, the product will automatically activate the power-off button. If the product works continuously for too long, the temperature protector will make the product automatically power down. You can use the device again after a 30 minute rest.

**MEDICAL
BREAKTHROUGH 5 Plus™
MASSAGE CHAIR**

▶ NAME AND FUNCTION OF COMPONENTS



15 16 17

- 1. Pillow Pad
- 2. Controller
- 3. Arm Air Bags
- 4. Cell Phone Pocket
- 5. Leg Frame
- 6. Foot Frame
- 7. Upper Arm Air Bags
- 8. Back Cushion
- 9. Arm Rest
- 10. LED Light (Blue)
- 11. Back Cover
- 12. Controller Holder
- 13. Base Caster
- 14. Power Line & Power Plug
- 15. Power Socket
- 16. Power Switch
- 17. Fuse Box

MEDICAL BREAK THROUGH 5 Plus™ MASSAGE CHAIR

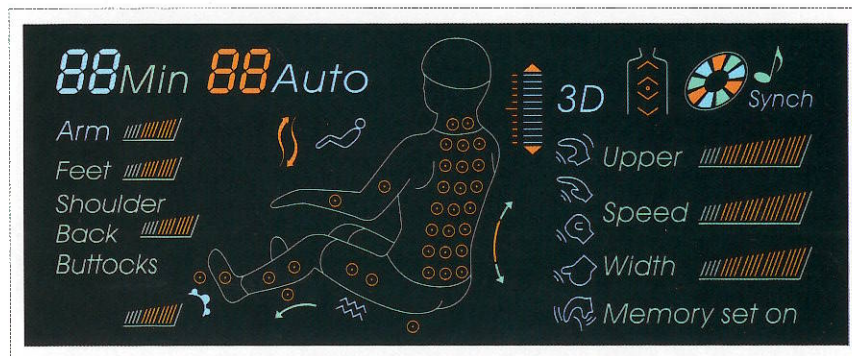
▶ FUNCTION

- Designed with a set of vertically moveable, four-wheel driven, muted massage hands.
- Programmed with five massage methods: Kneading, Flapping, Kneading & Flapping, Shiatsu, and Knocking.
- Automatically scans and positions the shoulders.
- Seven automatic massage programs: Comfort, Relaxed, Ache Improving, Fatigue Recovery, Full Body, Neck & Shoulder, and Waist.
- Four Massage Functions: Whole Body Air Bag, Hip Swing, Back-Waist Twist, and Waist Stretch.
- Three Massage Memory Functions
- Three options for upper body manual massage: Overall, partial, and fixed. Each setting has five adjustable speed levels. During a fixed massage, the hands can be moved up and down. During flapping, shiatsu, and knocking, the width between the two kneading balls has three adjustable levels: wide, medium, and narrow.
- Air pressure massage for the arms and upper arms with three air pressure intensity options.
- Air pressure massage for the lower body: back, buttocks, and calves with three air pressure intensity options.
- Rotatable upper arms, suitable for people of different heights.
- The foot massager has a sole rolling function with three adjustable speed levels.
- The leg rest can be adjusted according to the user's height.
- Leg rest and back rest can be reclined and inclined.
- Automatically sits up and restores the massage hands when the machine is shut off.
- Vacuum Fluorescent Display (VFD)
- Arm rest with LED light

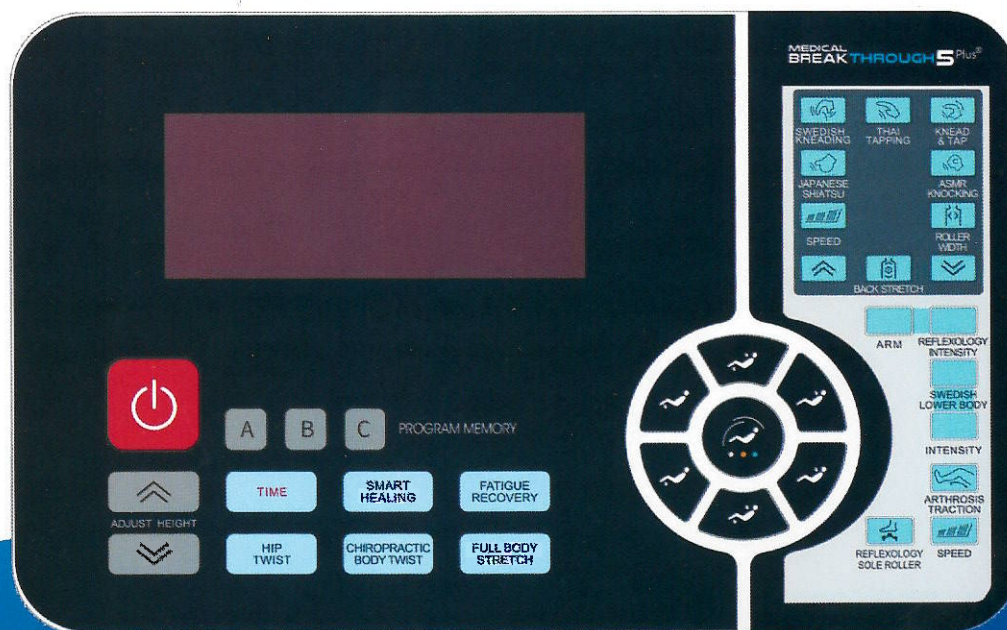


MEDICAL BREAKTHROUGH 5 Plus™ MASSAGE CHAIR

METHOD OF USAGE



Note: This image is for reference only.



METHOD OF USAGE

1. Switch Power Supply On







Figure: Plug In

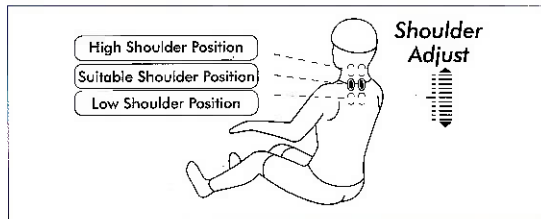


Figure: Position of the Power Switch

2. Start Massage

- Press the red power button to start massage, and the massage chair will recline automatically
- Automatically detects shoulder position and massage points, please wait until detection finished.
- The device will chime after detection is finished. You can then adjust the shoulder position by pressing the up or down button. The chair will run an automatic massage if there is no adjustment of the shoulder position within 10 seconds.

Move the massage balls upward to a suitable position	 Shoulder position adjustment (Upper button)	
Move the massage balls downward to a suitable position	 Shoulder position adjustment (lower button)	




- Choose massage method.
- Memory Massage
- When you are massaging, you can press the A, B, and C memory buttons at any time, and the settings will be stored. Press one of the buttons again, to launch a massage with the stored settings.

   MEMORY BUTTONS










METHOD OF USAGE

- Set Time





Buttons	Description
	Recommended time is 20 minutes. Maximum working time is 40 minutes. Each time the button is pressed, 5 minutes are added to the timer. At 40 minutes, press the button again to return to 5 minutes.

- Smart Healing

Buttons	Description	Display
	Comfort Massage: Relaxes Body Physique	A1 Auto
	Relax Massage: Promotes Blood Circulation.	A2 Auto
	Ache-Improving Massage: Deep tissue massage relieves pain and stiffness	A3 Auto
	Refresh Massage: Reduces the body's fatigue, increases activity and mobility.	A4 Auto
	Full Massage: Automatic massage that focuses on the upper body	A5 Auto
	Neck Massage: Automatic massage that focuses on the neck and shoulders	A6 Auto
	Waist Massage: Automatic massage that focuses on the back and waist	A7 Auto















Cycle through the different automatic massage modes by pressing the SMART HEALING button.









- Specific Massages

Buttons	Description	Display
	Fatigue Recovery: Shoulders, arms, waist, buttocks, and calf air pressure massage all work simultaneously.	F1 Auto
	Hip Twist: Primarily massages the buttocks, with air pressure applied to the seat cushion; makes the buttocks swing right and left.	F2 Auto
	Chiropractic Body Twist: Primarily massages the waist. The air bags on the back inflate, swinging the body left and right. Air pressure is also applied to the seat cushion.	F3 Auto
	Full Body Stretch: Air pressure on the calves clamps the legs as the back rest reclines and the legs and waist stretch.	F4 Auto

METHOD OF USAGE

- Manual Massage











Buttons	Description	Display
 SWEDISH KNEADING	Speed adjustable	
 THAI FLAPPING	Speed and width adjustable	
 KNEADING & TAP	Speed adjustable	
 JAPANESE SHIATSU	Speed and width adjustable	
 ASMR KNOCKING	Speed and intensity adjustable	
 SPEED	5 levels available	Speed 
 ROLLER WIDTH	5 levels available (in Tapping and Kneading massage modes)	Width 

Buttons	Description	Display
 BACK STRETCH	Fixed position (fixed point) massage	
 BACK STRETCH	Back and forth massage over small area (partial)	
 BACK STRETCH	Back and forth massage for the upper body (overall)	
 LOWER ADJUST	Descending Key: In fixed and partial massage modes, this button moves the massage hands down	
 UPPER ADJUST	Ascending key: In fixed and partial massage modes, this button moves the massage hands up	







METHOD OF USAGE








• Air Pressure Massage

Buttons	Description	Display
 ARMS	This button turns on the upper and lower arm air pressure massage function.	Arm 
 REFLEXOLOGY INTENSITY	Arm air pressure massage has 3 adjustable intensity levels	Arm 
 SWEDISH LOWER BODY	This button turns on the lower body air pressure massage function. (lower body, back, waist, and calves)	Feet  Back  buttocks
 INTENSITY	Lower body air pressure massage has 3 adjustable intensity levels.	
 ARTHROSIS TRACTION	The calf stretch function is automatically enabled during the lower body air pressure massage and calf air pressure massage	

• Other Manual Functions

Buttons	Description	Display
 REFLEXOLOGY SOLE ROLLER	Activates the sole roller function	
 SPEED	3 levels available	

3. The Angle of the Back and Calf Rest

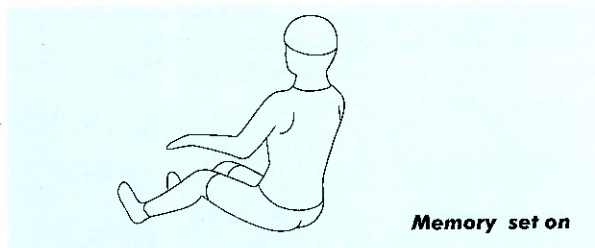
Buttons	Description	Display
	Automatic Reclining Mode: Four kinds of automatic reclining positions. Cycle through the different positions by pressing the button	(01 ~ 04) Auto
	Calf Rest Incline: When this button is pressed, the calf rest will rise slowly and stop when the button is released	
	Calf Rest Decline: When this button is pressed, the calf rest will lower slowly and stop when the button is released	
	Back Rest Incline: When this button is pressed, the back rest will rise slowly and stop when the button is released	
	Back Rest Decline: When this button is pressed, the back rest will decline slowly and stop when the button is released	
	Linkage Incline: When this button is pressed, the back rest will rise slowly; the calf rest will decline slowly, and will stop when the button is released	
	Linkage Decline: When this button is pressed, the back rest will decline slowly; the calf rest will rise slowly, and will stop when the button is released	

MEDICAL BREAKTHROUGH 5 Plus™ MASSAGE CHAIR

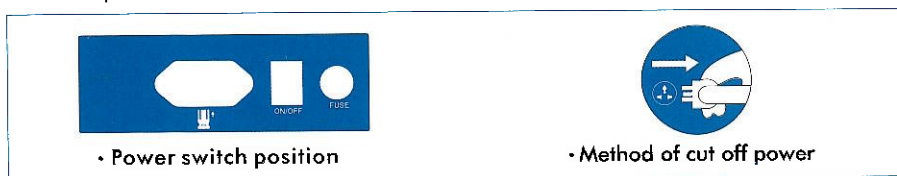
METHOD OF USAGE

4. Shut Off Power and Finish Massage

- Press the red power button during the massage to stop all massage functions immediately. The back rest and foot rest will return to their original positions automatically. After the rated working time, all massage functions will finish, but the back rest and foot rest won't return to their original position.
- After the rated working time or after powering off, the handle controller will display "Memory Set On" to remind users if they need to store the massage mode/settings before the machine turns off. Press the memory buttons A, B, or C to store the massage settings. Press the red button again and the machine will turn off, and the massage hands will return to their original position. Alternatively, wait 10 seconds and the machine will turn off automatically, and the massage hands will return to their original position.



- Switch power off



METHOD OF USAGE

5. Arm Rest Installation

- Locate the air tube fitting and corresponding plug connector from the bottom of the seat frame and arm rest, get through from the square hole on the fixed iron plate. (Figure 1)
- After the plug connector is threaded through the square hole on the fixed iron plate, align it with the corresponding connection plug. (Figure 2)

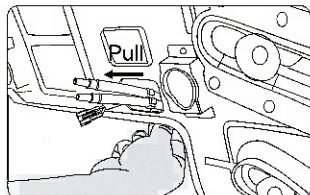


Figure 1

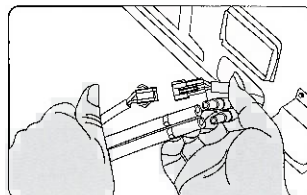


Figure 2

- Take the butt joint out from the bottom of the seat frame and plug it into the connector on the arm rest and the air tube fitting plug. Ensure they are well connected. (Figure 3)
- After connecting the pug, place it in the bottom of the seat frame through the square hole on the fixed iron plate to avoid folding the air tube. (Figure 4)

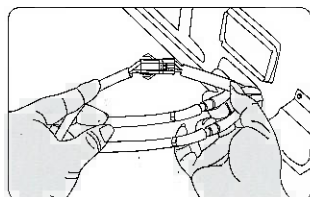


Figure 3

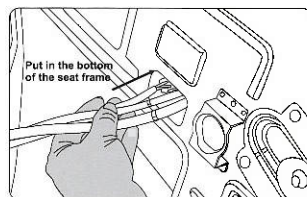


Figure 4

- Align the male pins on the arm rest with the female inlets on the iron plate. Ensure that the outline of the iron plate corresponds with the concave outline of the arm rest. (Figure 5)
- Hold the arm rest and align the two male pins on the arm rest with the female inlets on the iron plate to affix the armrest to the fixed iron plate. (Figure 6)

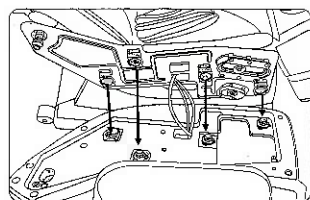


Figure 5

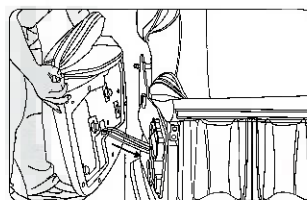


Figure 6

Note: The connecting line must be stuffed inside the chair, under the seat frame to avoid getting stuck



METHOD OF USAGE

- After the arm rest is covering the fixed iron plate, press the arm rest to make sure the pins attach. Pull the arm rest with your hand to check if it is fastened tightly. (Figure 7)
- Locate the installation hole on the front part of the fixed steel board, and screw in the screws with a hex wrench. (Figure 8)
- Locate the installation hole on the back part of the fixed steel board, and screw in the screws with a hex wrench. Repeat these steps for the other armrest. (Figure 9)

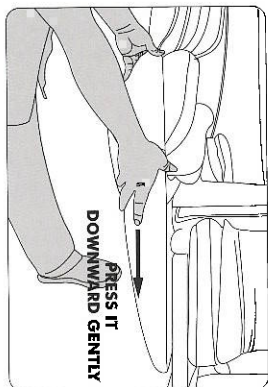


Figure 7

Figure: hex head screw fixed in front part of armrest
Figure 8

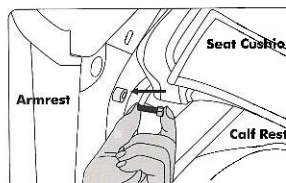
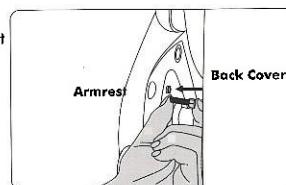


Figure: hex head screw fixed in behind part of armrest
Figure 9



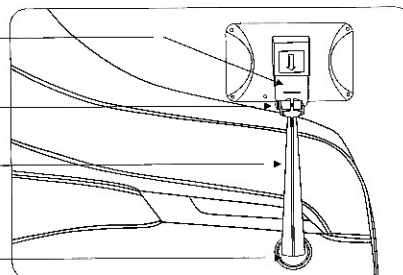
5. Handle Controller Frame Installation

Handle Controller Tray

Screw

Frame

Handle Controller
Frame Assembly



- Prepare the handle controller tray and steel pole by taking out the fixed screws on the handle controller tray. (Figure 1)
- Insert the ball joint of the steel pole to the concave part of the handle controller tray (Figure 2)

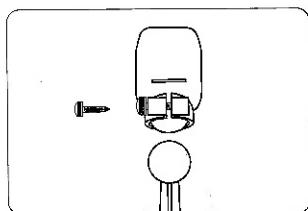


Figure 1

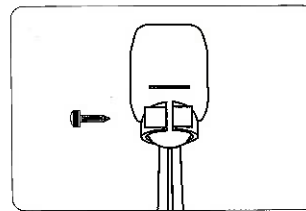


Figure 2

METHOD OF USAGE

- Screw in the screws into the hole they were removed from in Step 1 and tighten them. (Figure 3)
- Prepare the handle controller frame assembly in Step 3. (Figure 4)

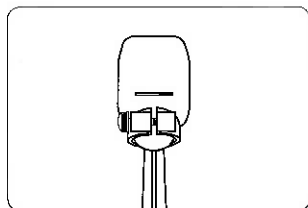


Figure 3

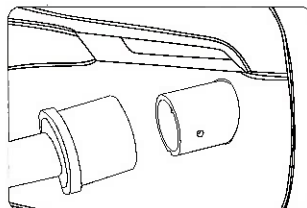


Figure 4

- Insert the handle controller frame assembly into the cylindrical fixed pipe. Ensure that the two holes on the inside and the outside are aligned. (Figure 5)
- Prepare the two screws which tighten on both sides. (Figure 6)

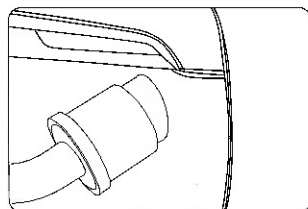


Figure 5

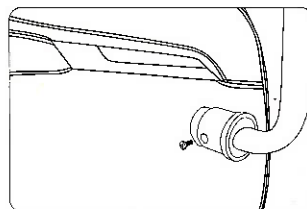


Figure 6

- Screw the two screws on both sides to finish the installation. (Figure 7)

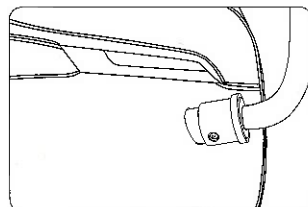


Figure 7



METHOD OF USAGE

7. Controller Installation and Usage

- Insert the handle controller into the frame. (Figure 1). The frame can turn left and right freely, (Figure 2) and the handle controller can swing freely in the horizontal direction. (Figure 3)

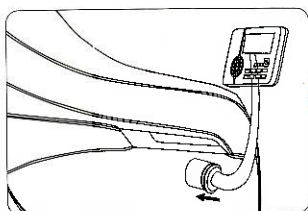
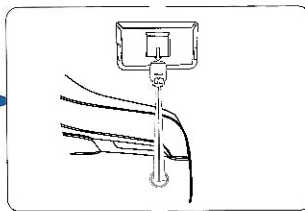


Figure 1



Enlarged Figure

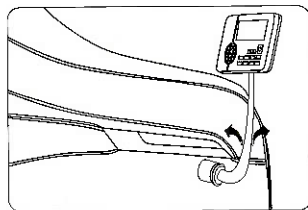


Figure 2

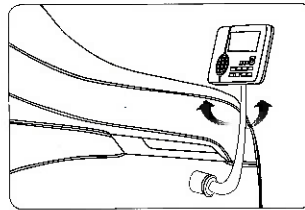
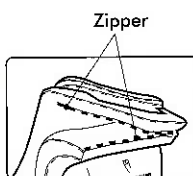
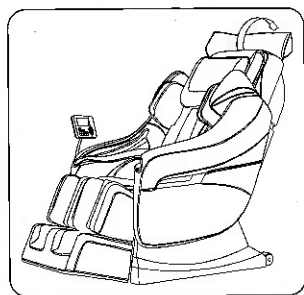


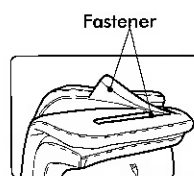
Figure 3

8. Using the Pillow Pad and Back Cushion

- You can weaken the kneading strength of the neck and shoulder by using the pillow pad. It is not necessary to use the pillow pad, but we recommend that you do. The back cushion connects to the back via zipper (1), and the pillow pad connects with the back cushion by the fastener (2).



(1)



(2)

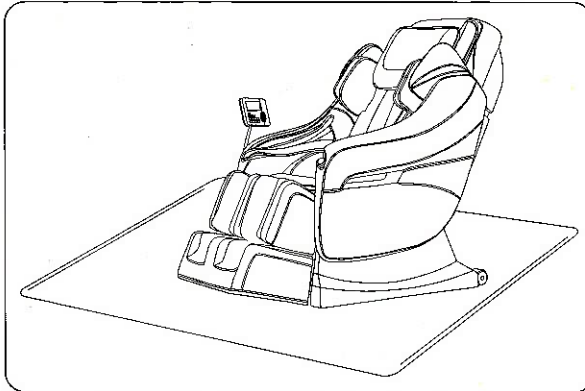


METHOD OF USAGE

9. Floor Protection

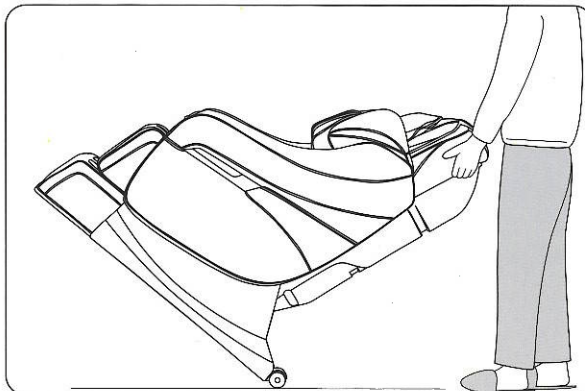
- Placing the heavy massage chair on the wood floor for an extended period of time may damage the floor. Placing a carpet or other object under the chair can avoid this damage.

Caution: Do not move the chair with its wheels on wood floor, rough ground, or in narrow spaces. Two people are required to lift the chair.



10. Method of Movement

- Make sure that all wires are off of the ground; tilt the backrest backward (with the center of gravity resting on the wheels), and push the chair forward or backwards. Return the chair to its normal position slowly and gently.



**MEDICAL
BREAKTHROUGH 5 Plus™**
MASSAGE CHAIR

▶ PRODUCT SPECIFICATION

Model : Medical Breakthrough 5Plus™
Name : Full Body Air Massage Chair
Rated Voltage : 110-120V~60Hz
220-240V~ 50Hz/80HZ
Rated Power Input : 180W
Rated Working Time : 20Min.
Safety Design : Class I

Materials: PVC, PA, Steel, Electric, and Electronic parts.

MATERIAL	PU	LEATHER	CLOTH	WOOD

