Advances in Image-Guided Therapy

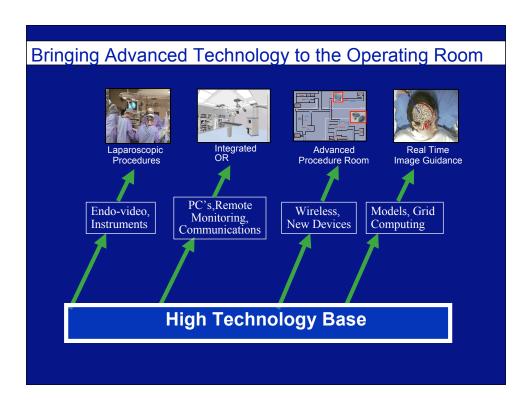
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Harvard Medical School
Clinical Director, Magnetic Resonance
Therapy Program

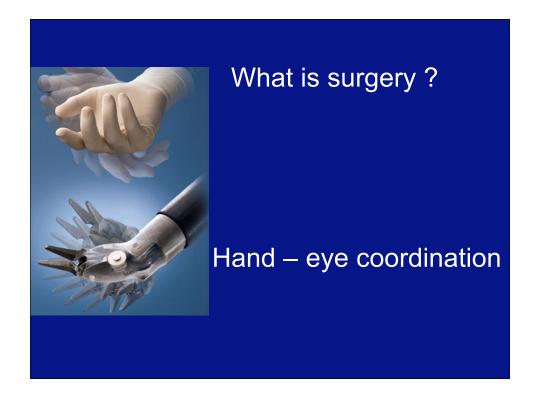


Therapy Program
Co-Director, Spine Intervention
Service

Minimally Invasive Therapies

- Smaller operational volume
- Limited access
- Limited visualization
- Tissue damage limited to target volume
- Less complication
- Faster recovery





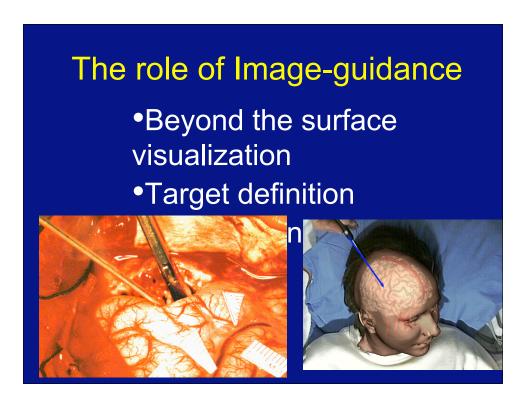


Image-Guided Procedures

- Localization
- Targeting
- Navigation
- Monitoring
- Control

Diagnostic Imaging
Surgical Planning
Interactive Imaging
Dynamic Imaging
Quantitative Imaging

Why use MR for image guidance?

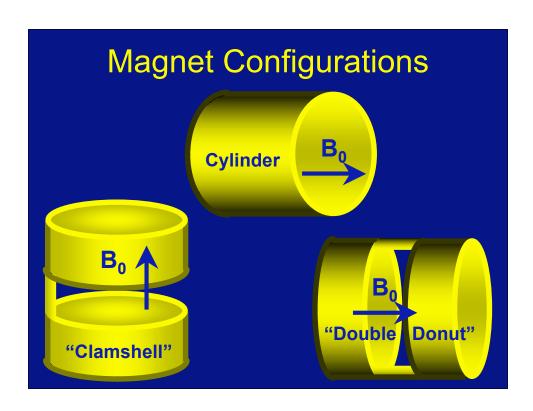
- Flexibility of image contrast
- No ionizing radiation
 - safe for patients & staff
- Cross-sectional technique
- Adjustable imaging plane

Technical Aspects

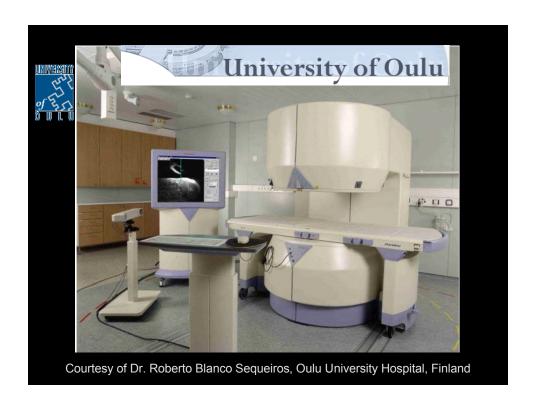
- Magnet
- Devices
- Spatial accuracy
- Imaging techniques
- Guidance methods

The Magnet

- Configuration
 - access to patient *vs.* field homogeneity
- Field strength
 - safety vs. image quality/speed
- Gradient strength
 - spatial resolution vs. artifacts



i-MRI Systems: Demand new navigation and monitoring systems Siemens: Siemens:







MRT Program History



In 1989, BWH Radiology and Harvard Medical School initiated a project to develop MR-guided interventional procedures and intraoperative guidance for surgeries.

MR Safety of Devices

- Safe in <u>magnet room</u>
 - low forces on device
 - device works in magnetic field
- Safe <u>around</u> patient
 - device does not distort or degrade image
 - device does not arc during imaging
 - magnet room safe

MR Safety of Devices

- Safe to use in a patient
 - -no local heating from RF deposition
 - -device and target visible
 - -no significant artifacts
 - position correct?
 - target visible?

Many Objects are *Not* MR Room Safe

- Test all objects with strong magnet prior to entry into room
- Keep all unsafe objects out of MR area entirely
- Train all personnel about magnet safety



RF Deposition - Heating

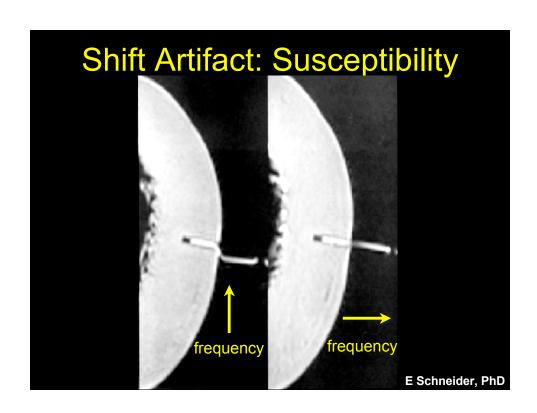
- Field strength dependent
 - changes as square of field strength
 - e.g. RF deposition at 1.5T > 0.5T by 9X
- Antenna concept
 - needles, wires, etc. act as antennas
 - needles can heat more easily at higher frequency RF (higher Tesla, shorter wavelength)
 - higher frequency RF has greater energy

Spatial Accuracy

- Procedures demand <u>exact</u> localization
- Location determined by frequency
 - static magnetic field, B_o
 - switched gradient fields
- Accuracy of localization dependent on:
 - B_o homogeneity
 - gradient field homogeneity

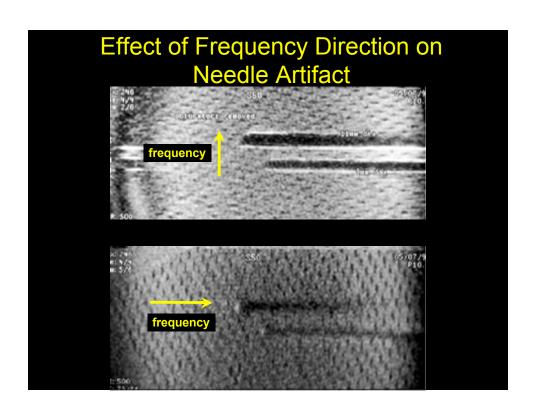
Geometric Distortion: Shift Artifacts

- Imaging assumes uniform B_o
- Local frequency changes cause "shift artifacts" - analogous to chemical shift
- Shift artifacts displace pixels in frequency direction



Minimizing Shift Artifact

- Frequency direction orthogonal to long axis of needle - most accurate tip position
- Spin echo & FSE <u>not</u> gradient echo
- Wide bandwidth (more Hz per pixel)
- Low field strength magnet
- Lower spatial resolution

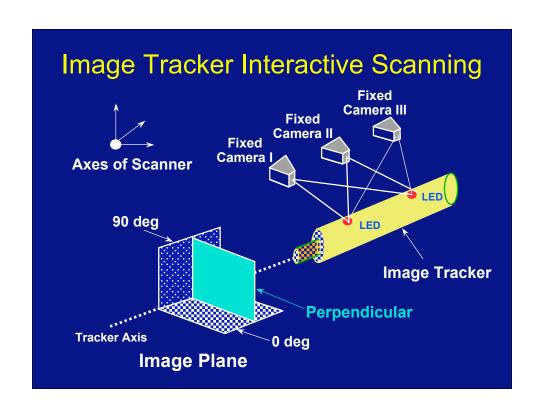


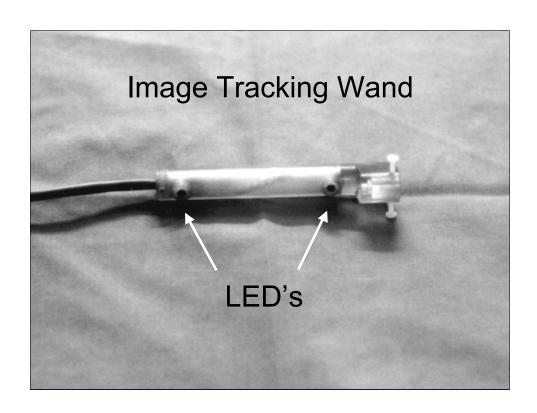
Guidance Methods

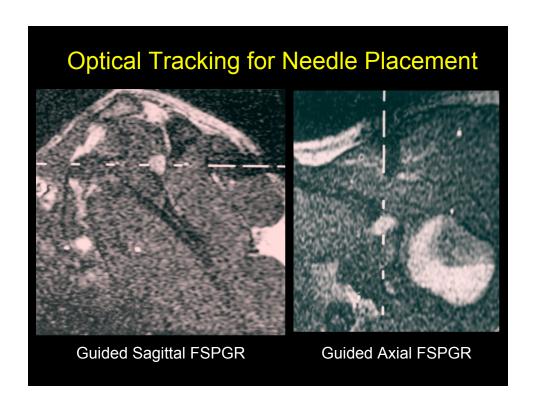
- Externally referenced prone to distortion errors
 - optical guidance
 - RF guidance
- Self-referenced minimizes distortion errors
 - anatomical landmarks (your finger!!)
 - fiducial markers
- MR tracking uses MRI hardware distortion free

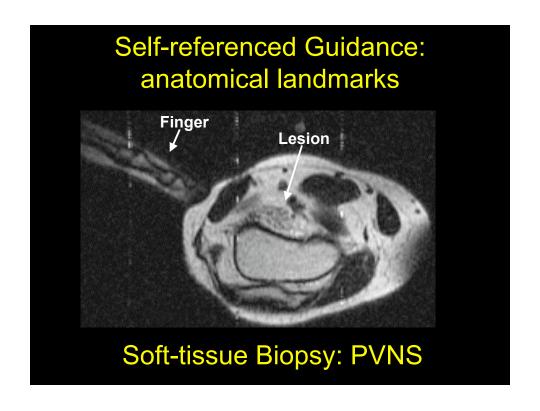
Optical Tracking

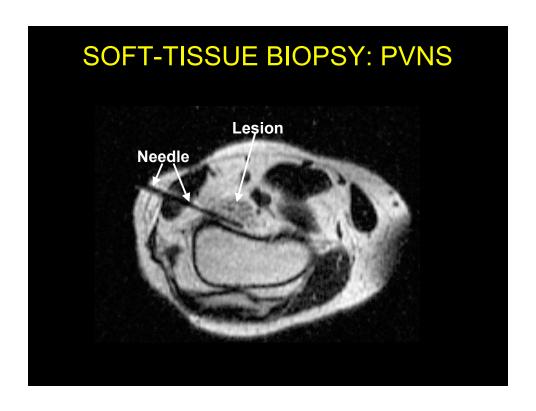
- LED's on device tracked by cameras
- Position update 6 per sec.
- Device must remain in clear view of cameras
- Optics independent of MR image distortion – may cause errors





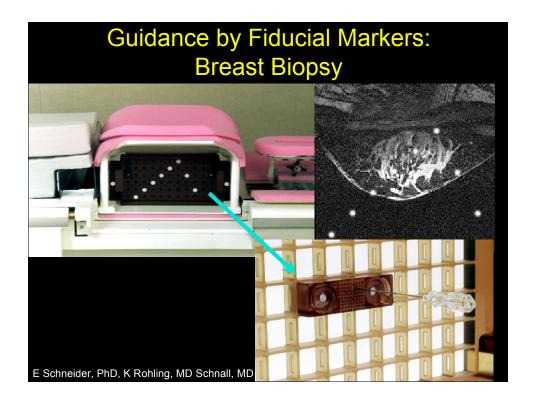






Fiducial Markers

- MR visible markers close to target
- Trajectory calculated from position of target relative to markers
- Shift & warp artifacts similar for markers and target
- Impact of distortion dependent on distance of markers from target

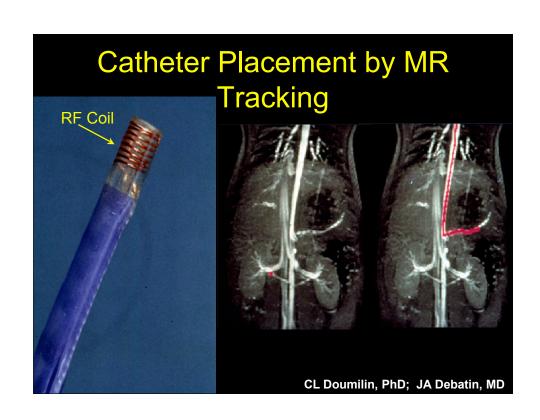


Radiofrequency Tracking

- Device localized by external RF transmitters
- Device may be within or outside of patient
- Objects absorbing RF may interfere with device localization
- RF field & MR image distortion independence potentially causes errors

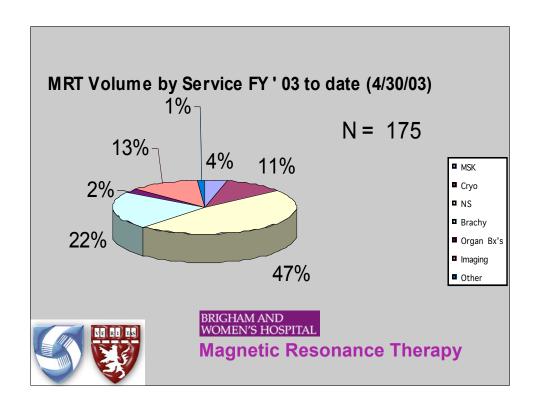
MR Tracking

- MR receive coils on device track location
- Same imaging parameters localize device & image
 - inherent self-referencing
 - MR image shows true device position
- Localization interleaved with image sequence
 - rapid position updates (80 per sec.)
- Can work with any pulse sequence



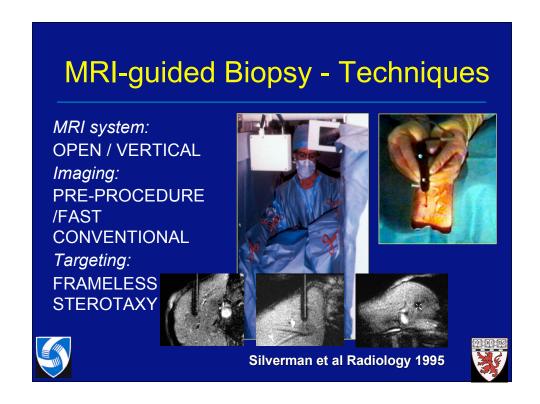
Clinical Aspects

- Why use MR guidance for procedures?
 - -Diagnostic
 - -Therapeutic



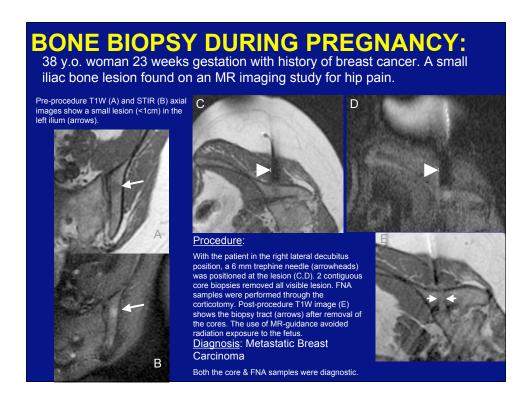
Interventional MRI: Broad Categories

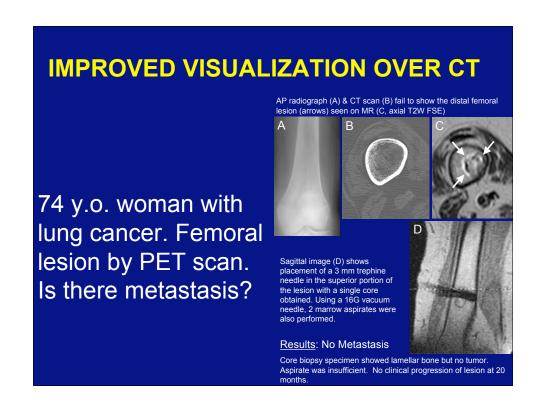
- Percutaneous Procedures
- Intraoperative Procedures
- Thermal Ablations
- Vascular Interventions

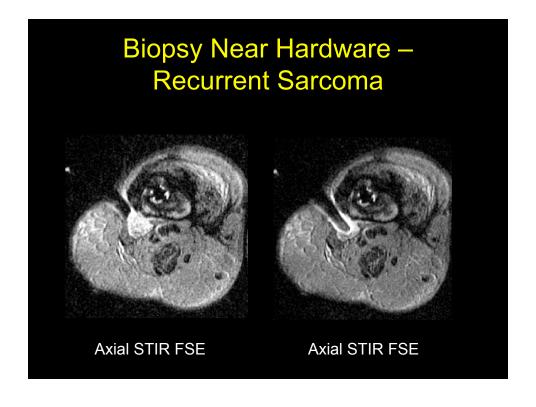


Why use MR guidance for biopsies?

- lesion not visible (or visualized well enough) by other modalities
- Limited access route/complex trajectory
- collections/lesions near hardware
- target a specific portion of lesion
- Pregnancy

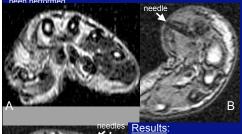








Pre-procedure axial T2W FSE image (A) shows abnormal signal in the thenar eminence & first 3 web spaces that is worrisome for tumor. If $3^{\rm rd}$ or $4^{\rm th}$ web space were involved, resection of the ring finger ray would be required & hand amputation would have



needies

Results:
FNA & core biopsies of the thenar eminence (B), 3rd & 4th web spaces (C), properly staged the tumor showing involvement of the thenar eminence, but not either web space. Resection of 1st 3 rays was performed with thumb reconstruction. Surgical pathology confirmed biopsy stanting

34 y.o. man with recurrent epithelioid sarcoma of the hand pre-op for resection.

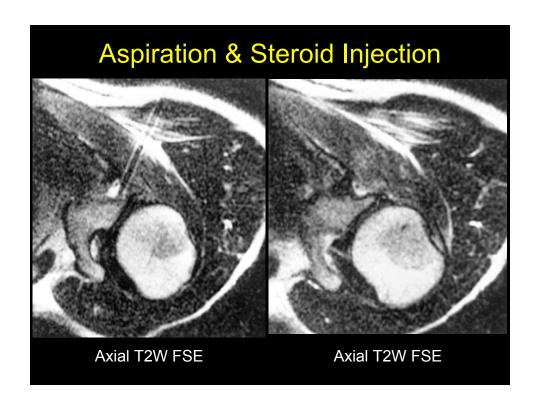
MR compatible needles:

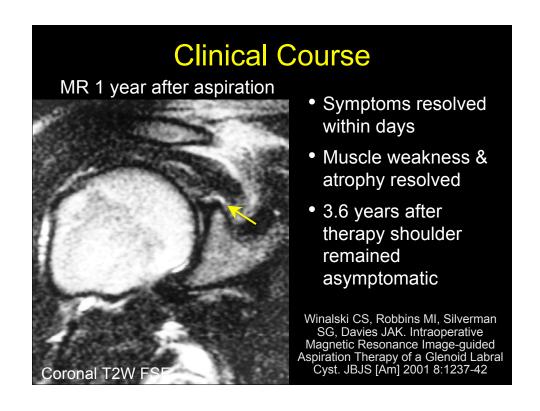
Core - Biopsy gun: (16 or 18G, MRI Biogun™ E-Z-EM, Inc., Westbury, NY)

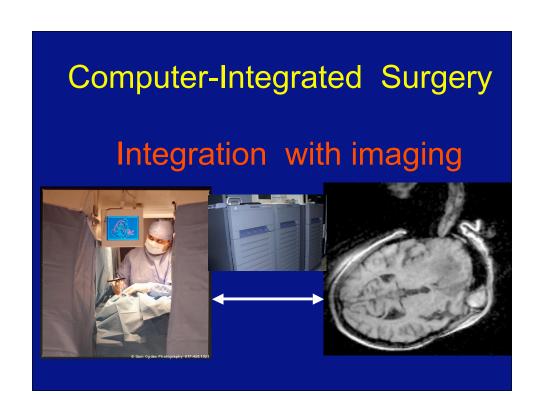
Trephine 3, 4, or 6 mm: (Bone Biopsy™, MRI Devices Daum GmbH, Schwerin, Germany)

Vacuum needle 16G: (MD Tech, Manan™ MRI Techna-cut, Karlsruhe, Germany)

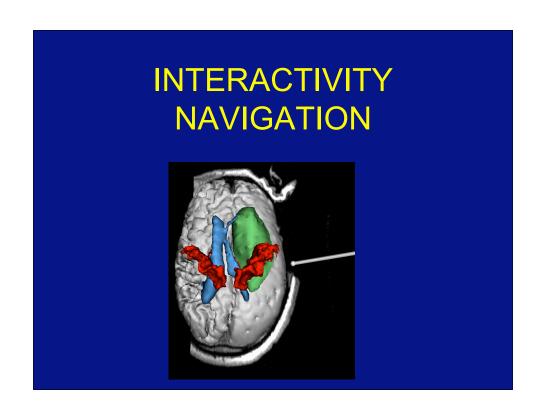
FNA - 20G or 22G: (MRI Histology™, E-Z-EM, Inc., Westbury, NY)

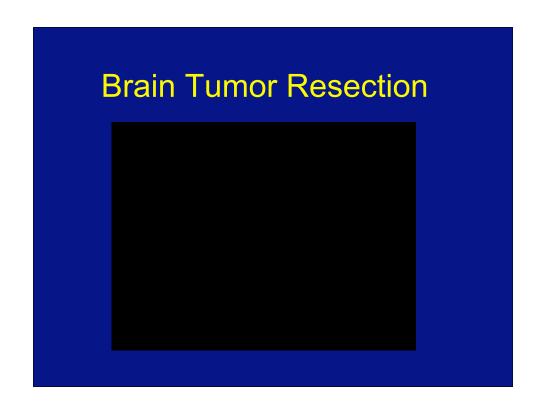




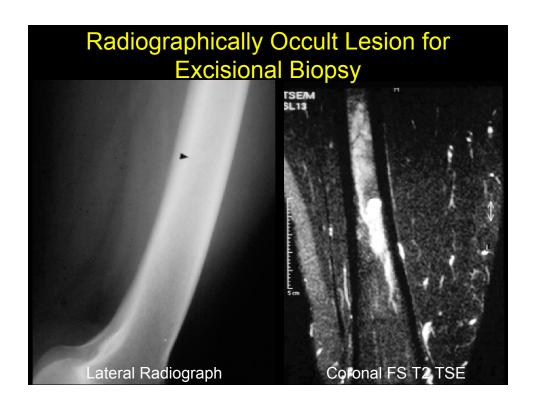


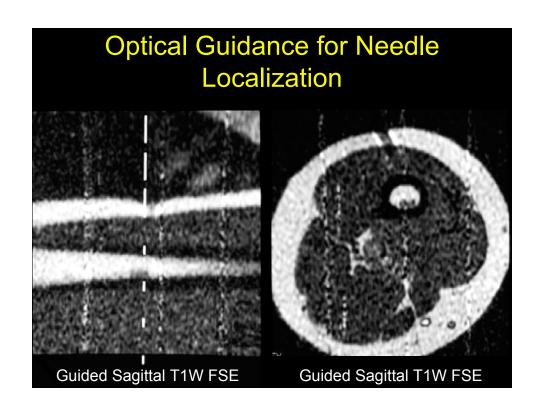


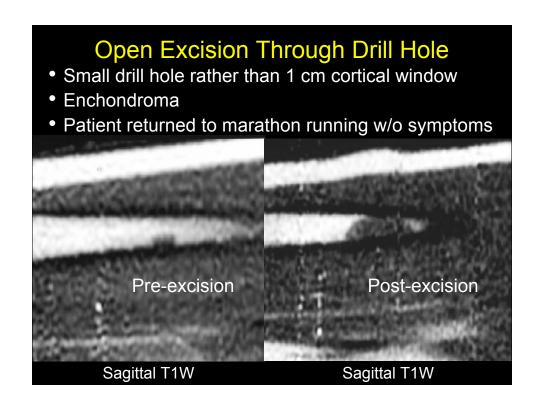


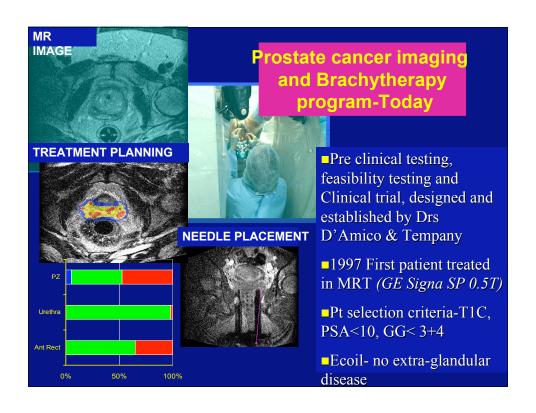


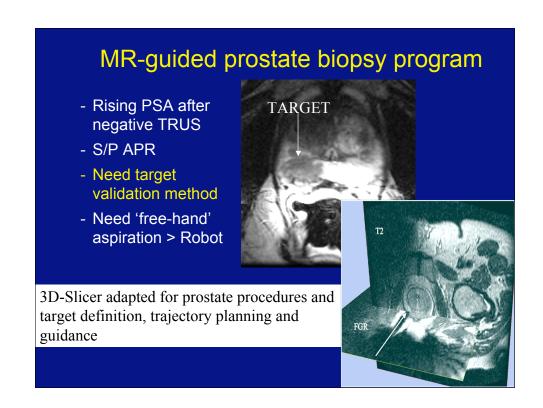


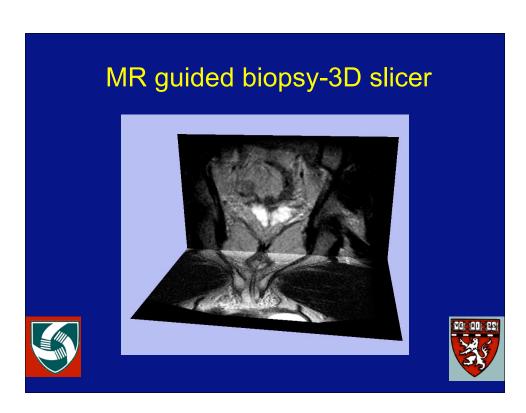


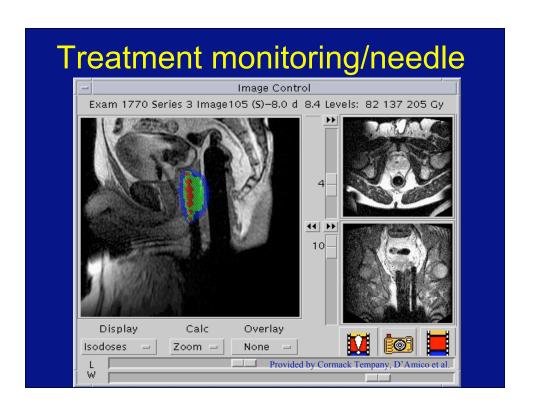


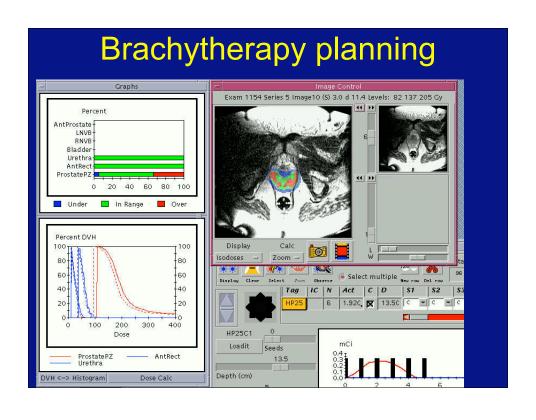




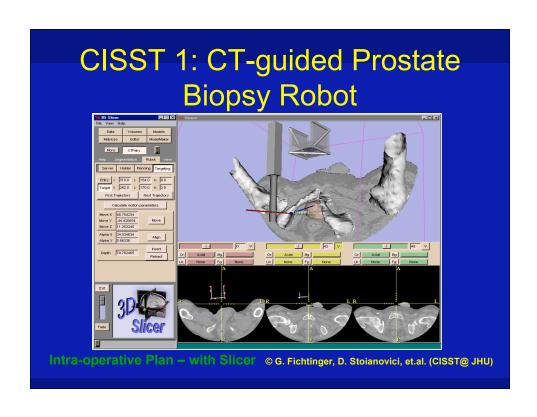


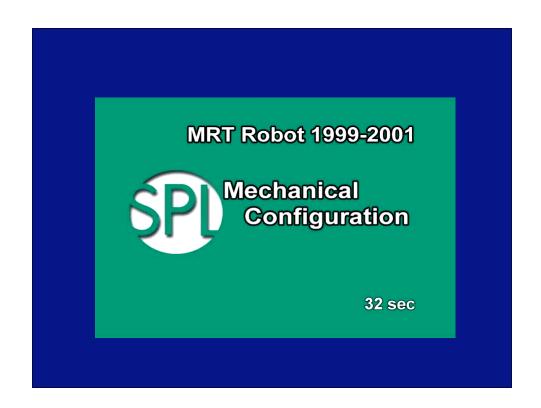


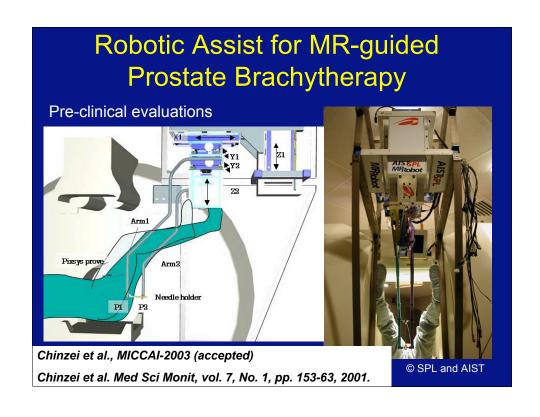


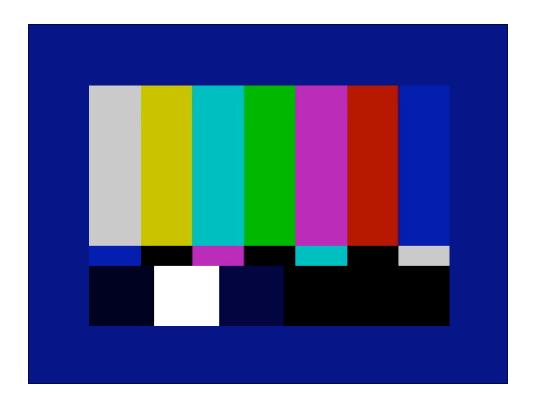






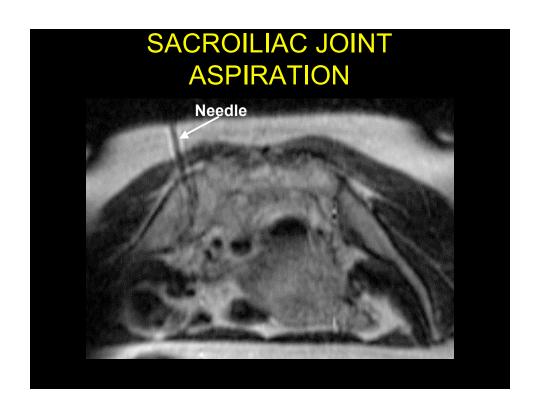




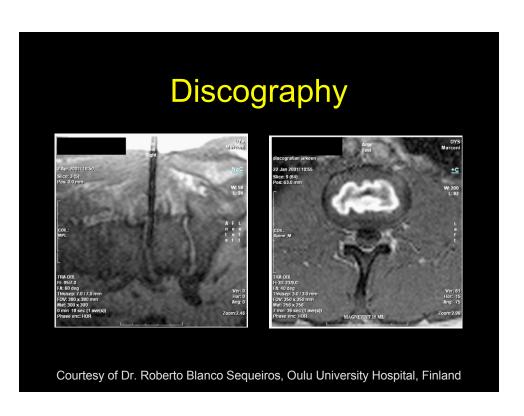


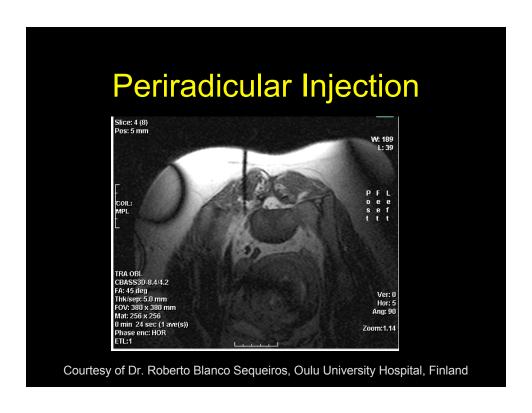
Spine Procedures

- Biopsies
- Injections
- Disc procedures
- Cryotherapy of facets
- Vertebral augmentation











Tumor Ablation

MR is temperature sensitive & can monitor treatment

- Cryotherapy
- Radiofrequency (RF)
- Laser Interstitial Treatment (LIT)
- Focused UltraSound (FUS)

ELEMENTS OF THERMAL ABLATION

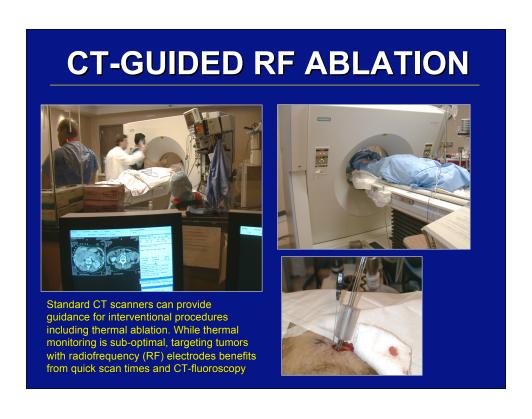
- Planning
- Targeting
- Monitoring
- Controlling
- Assessment

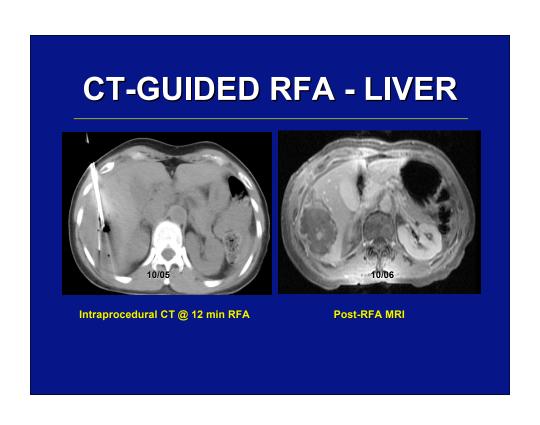


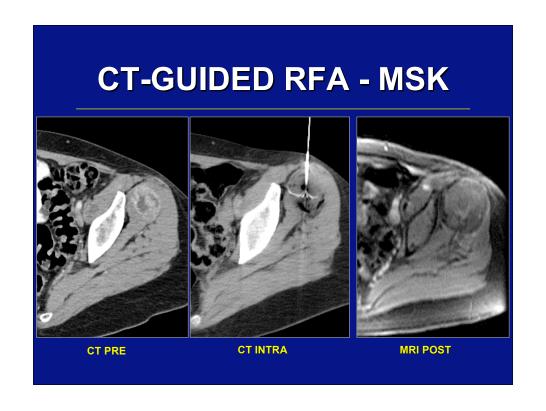
Imaging plays a key role in each

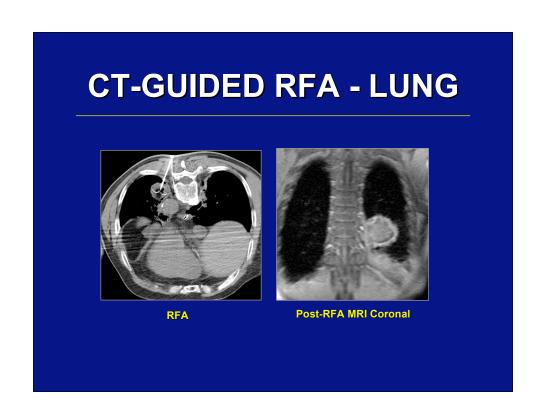


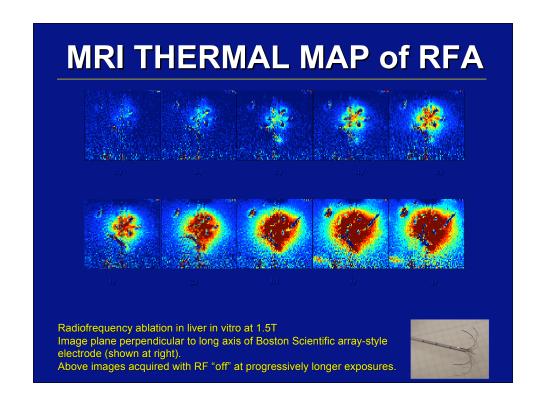
| 193 Percutaneous Ablations | | | |
|----------------------------|-------------|----------|------------|
| | CT/US | S-Guided | MRI-Guided |
| Organ/Agent | RFA | ЕТОН | CRYO |
| Liver | 67 | 8 | 34 |
| Kidney | 6 | - | 15 |
| Adrenal Gland | 5 | - | 1 |
| MSK/Soft Tissue | 9 | 1 | 27 |
| Breast | 1 | - | - |
| Pancreas | - | 2 | - |
| Lung | 17 | - | - |
| Totals | 105 | 11 | 77 |
| | per 7/31/03 | | |



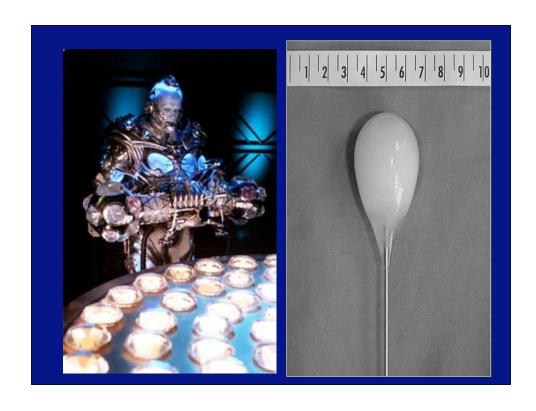


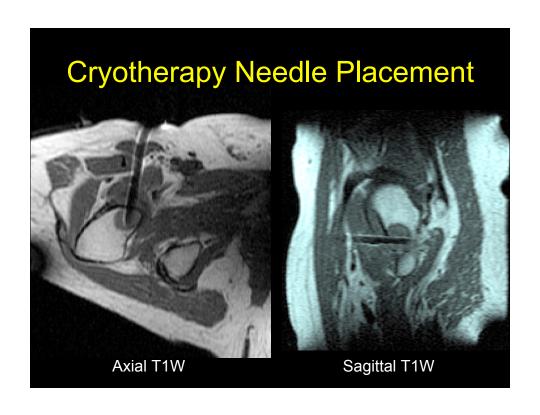


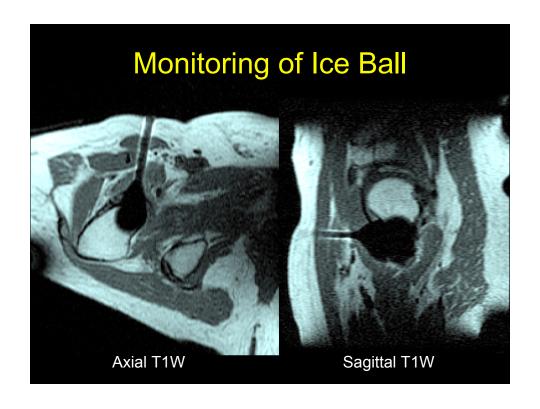


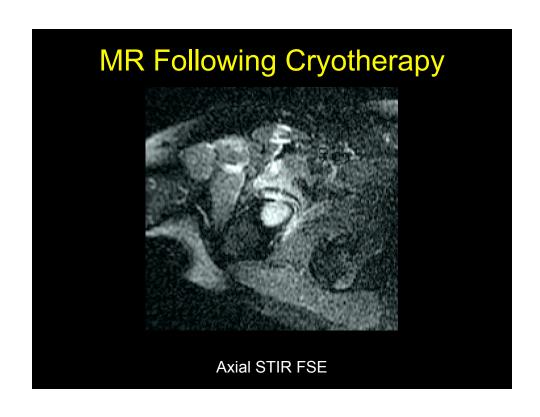


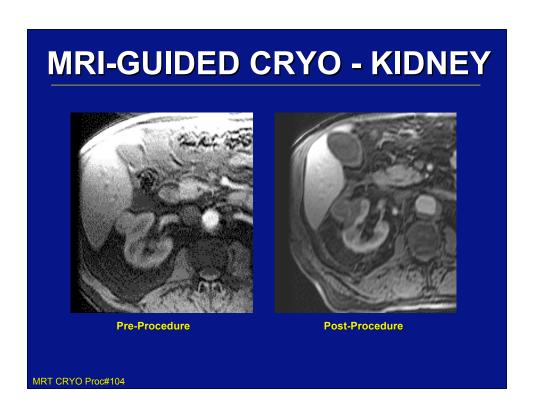


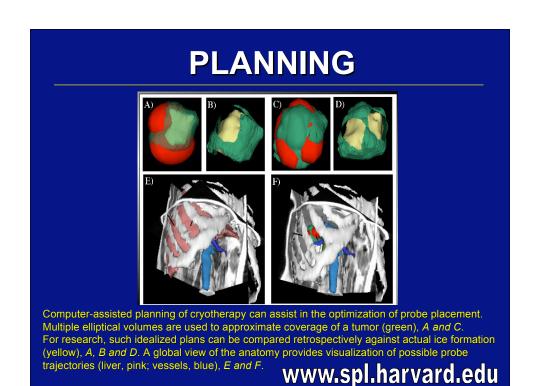


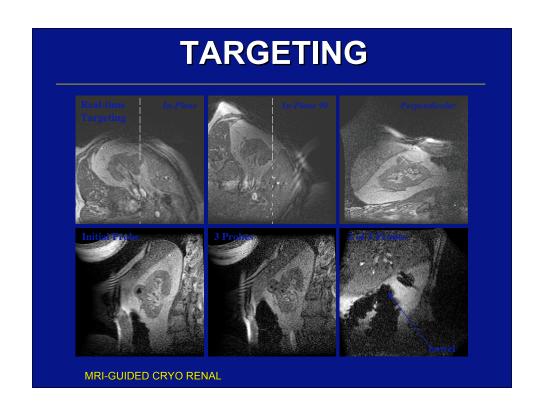


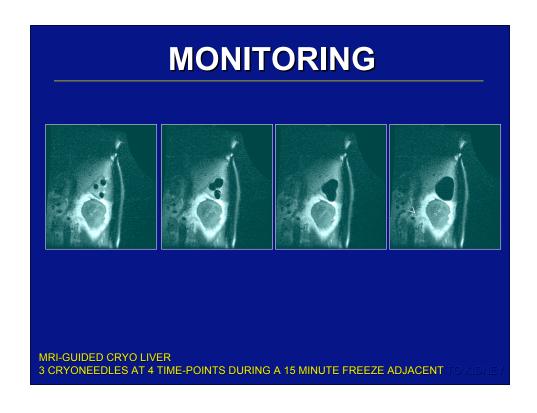


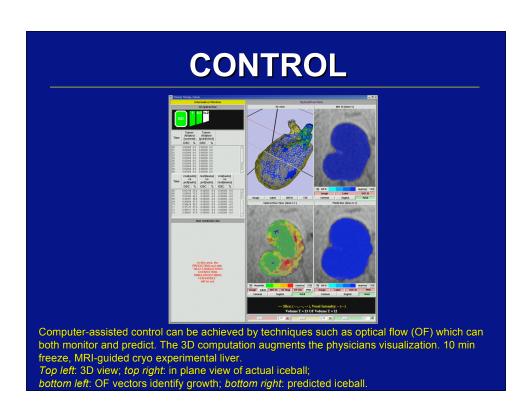


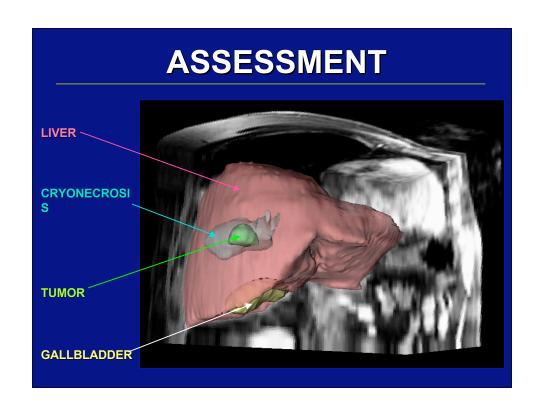


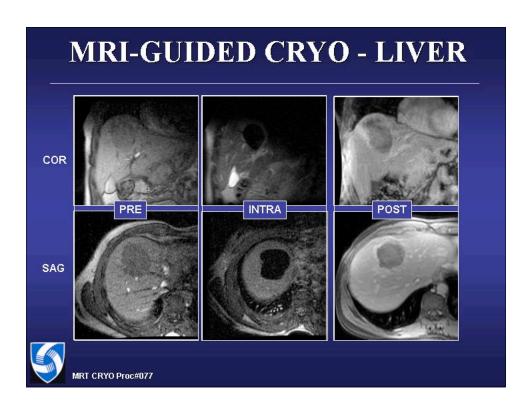


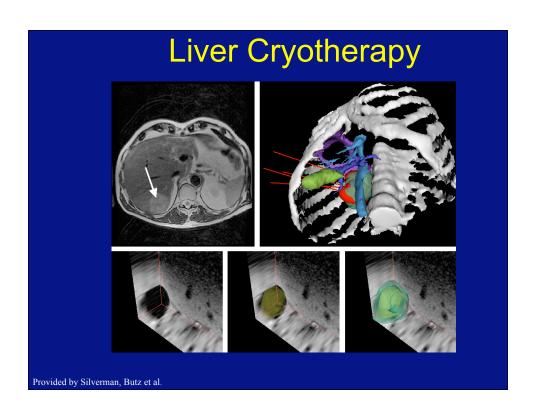


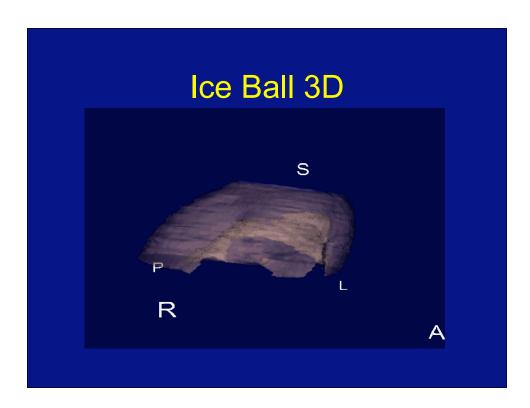




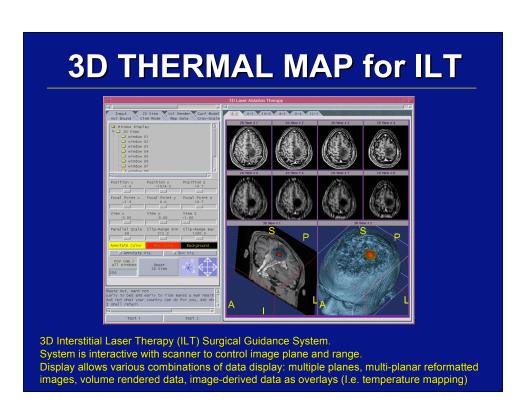


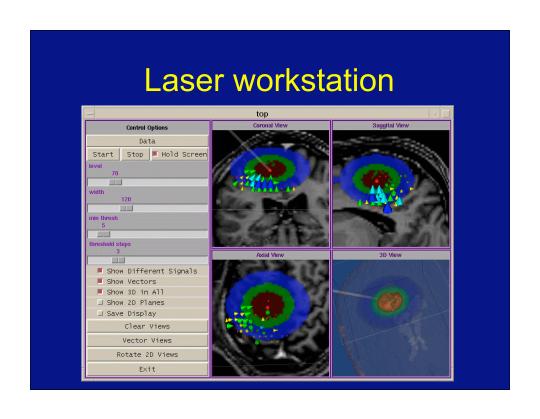


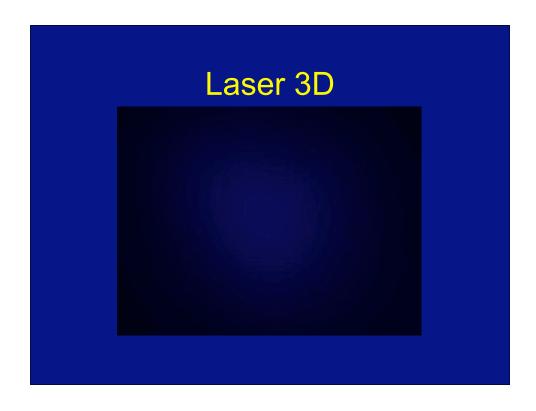








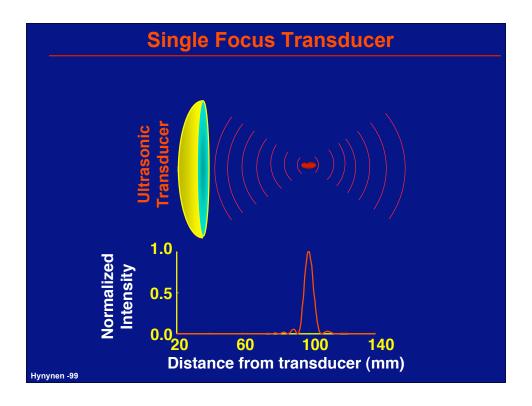




MRI Guided FUS

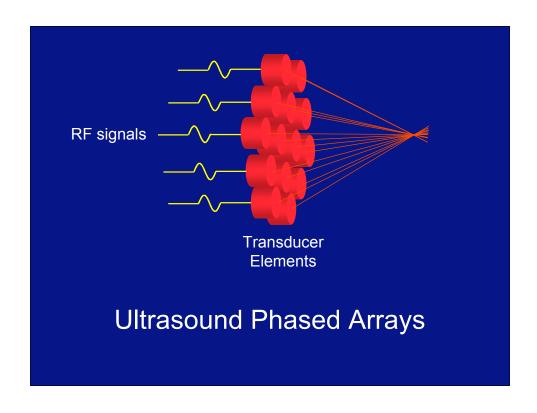
The "ideal" Surgery:

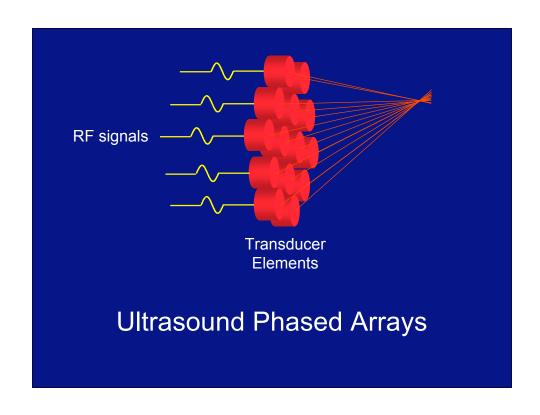
- Tissue destruction only within targeted area
- No tissue damage outside the targeted area

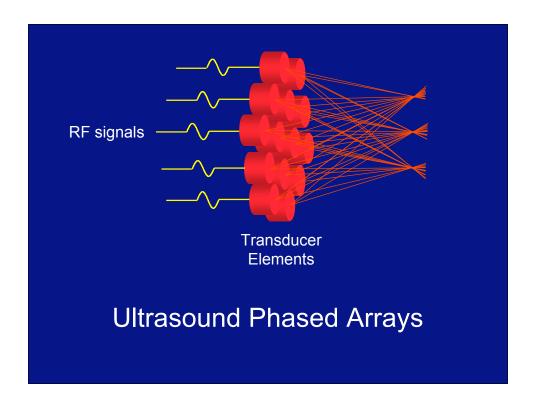


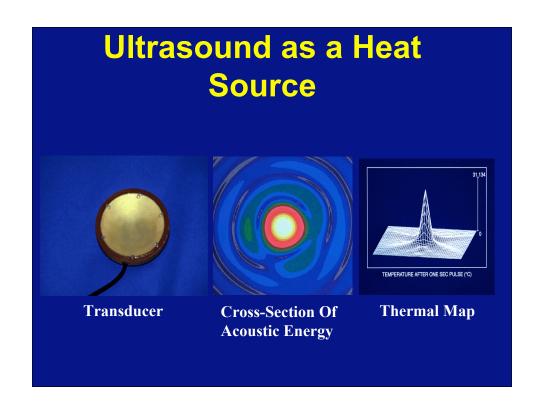
Two goals, Two technologies

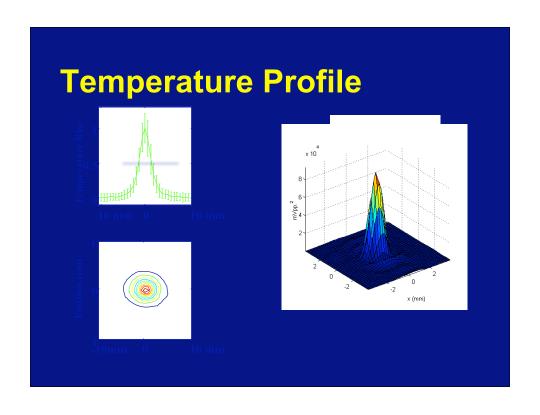
- •Target Definition Imaging
- •Energy Deposition Acoustics

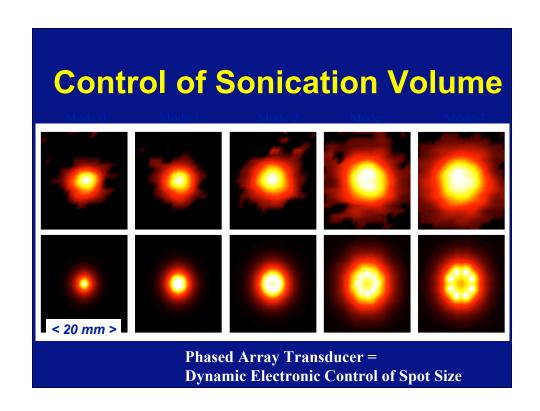


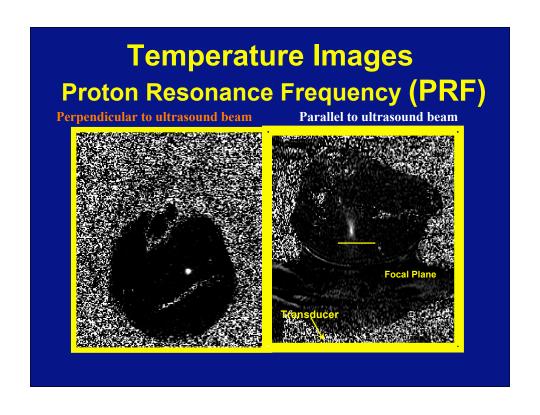


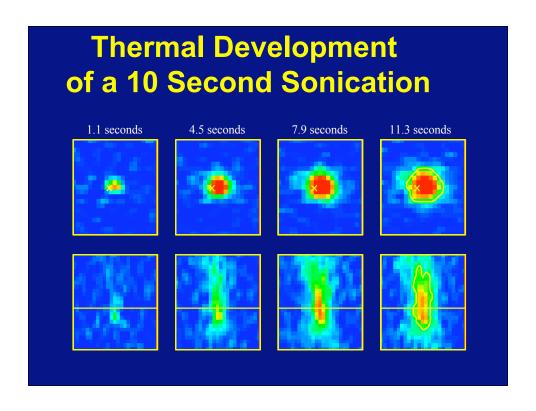


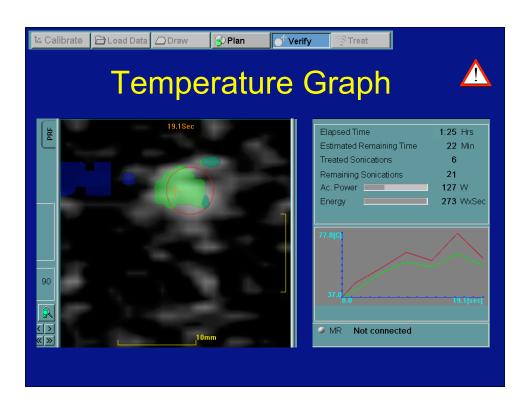


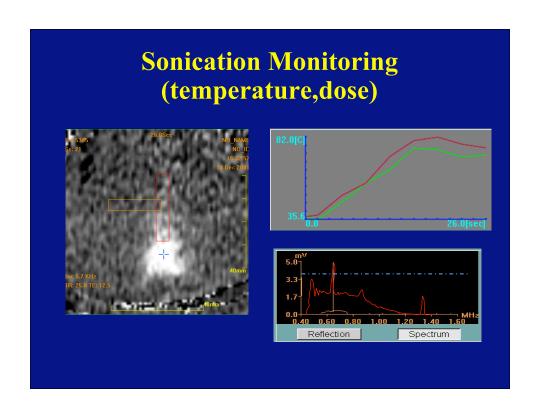


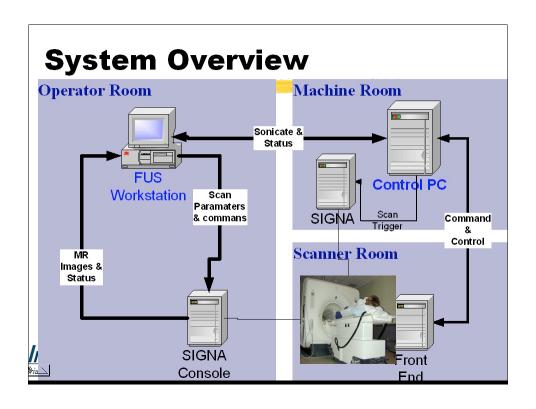


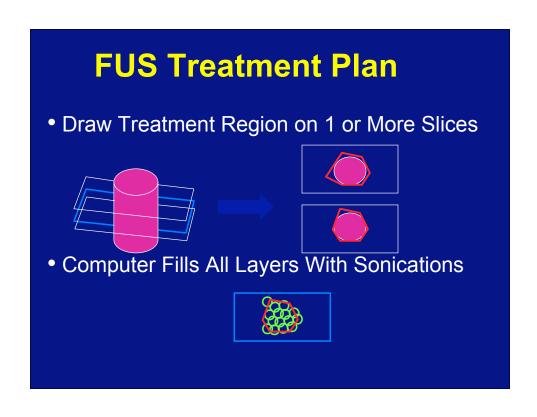


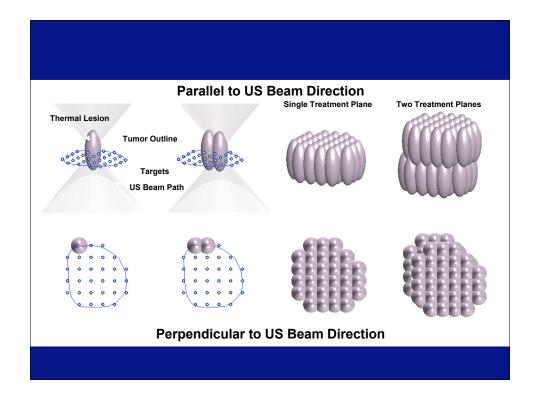


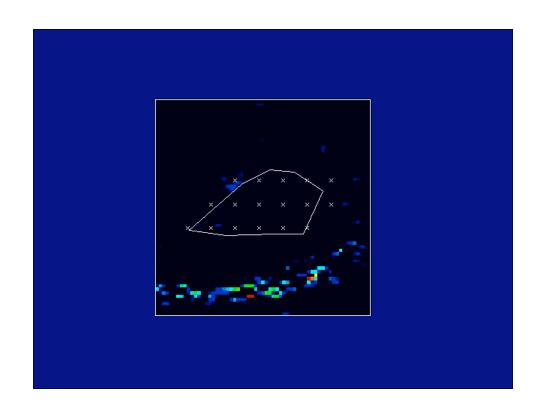


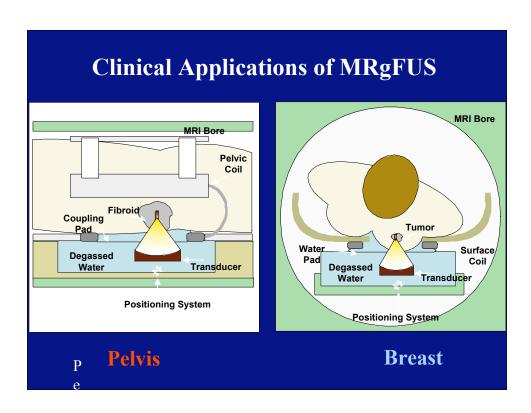






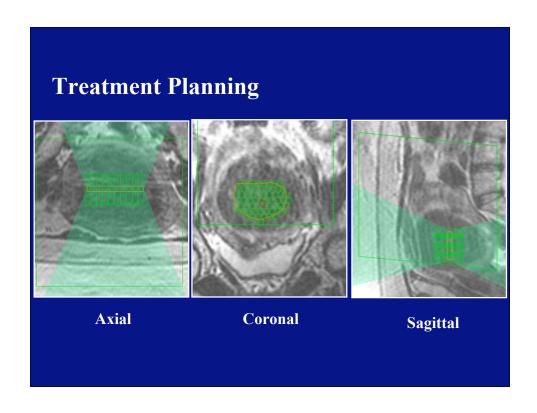


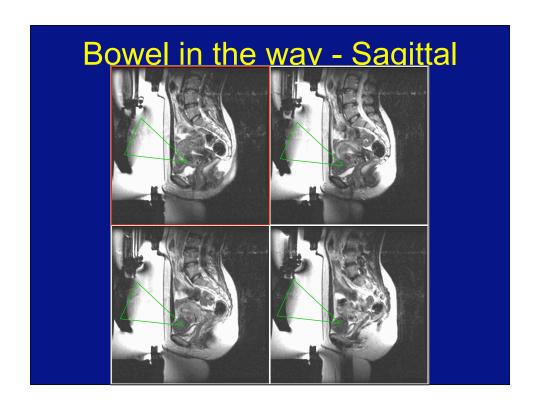


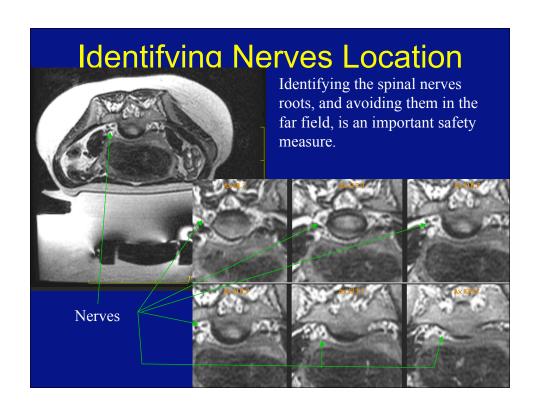


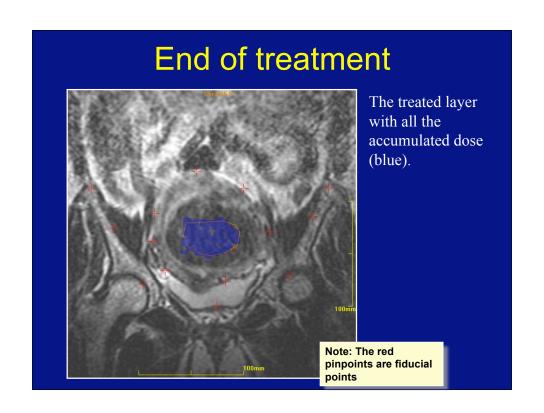


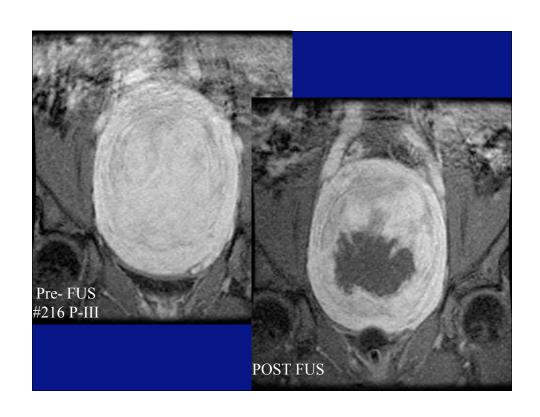


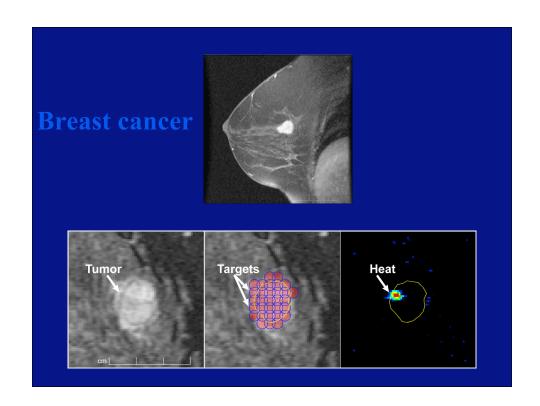


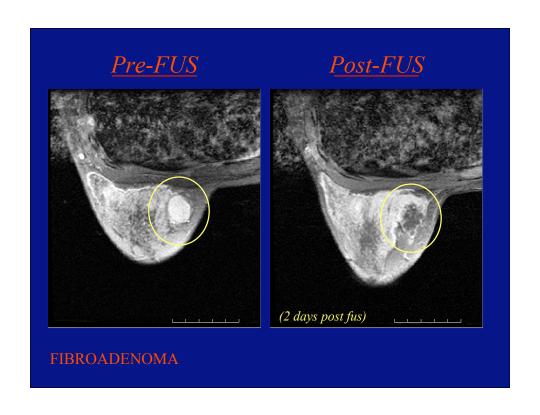


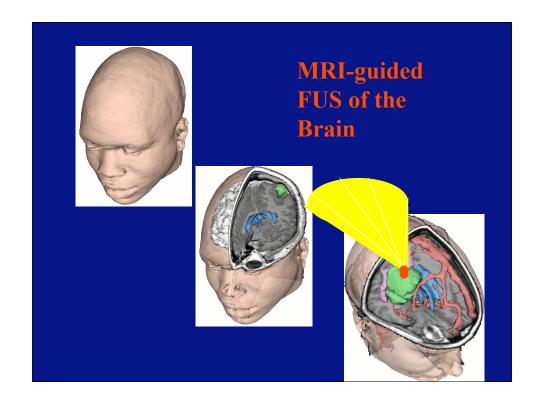


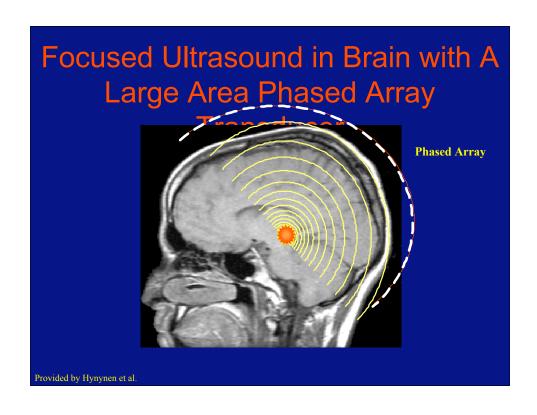


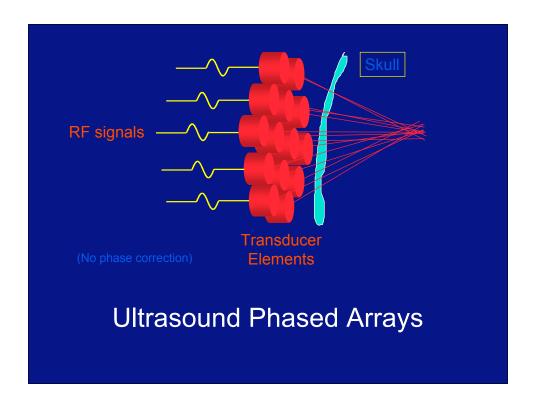


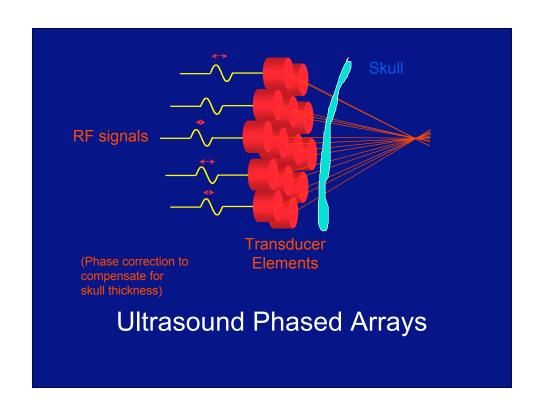


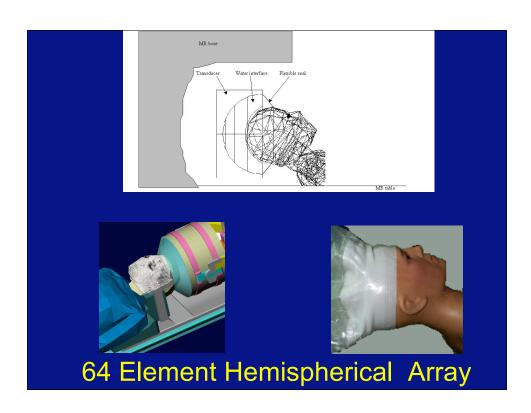


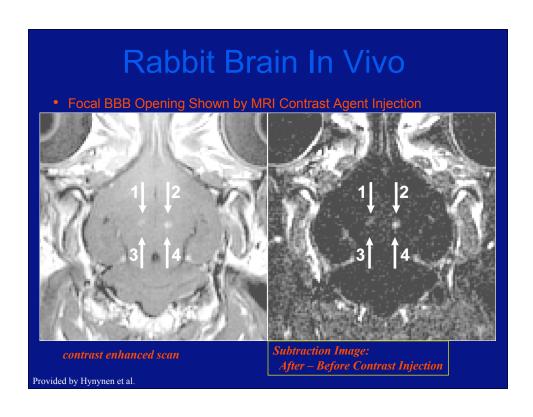


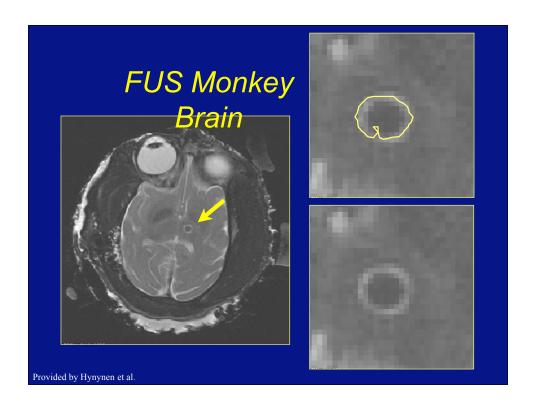






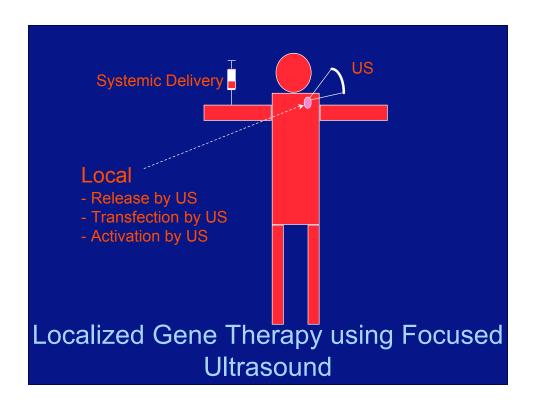






Targeted Delivery of Macromolecular Agents by FUS induced cavitation energy

- 1. Focal opening of blood brain barrier
- 2. Increase in permeability of blood vessels
- 3. Increased cell membrane permeability



MRI Guided FUS Summary

1. Noninvasive Image Guided Focal Energy Delivery:

On-line Localization
Exposure Monitoring
Close loop control of Energy Delivery

2. Clinical Applications:

Tumor: Tissue coagulation, vaporization, debulking
Blood vessel: occlusion, thrombolysis
Blood brain barrier: targeted drug delivery
Cell membranes: gene therapy, drug activation

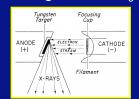
Multimodality Intervention

Combination of fluoroscopy and MR imaging
complimentary





fixed anode x-ray tube with anode-cathode axis aligned with B₀





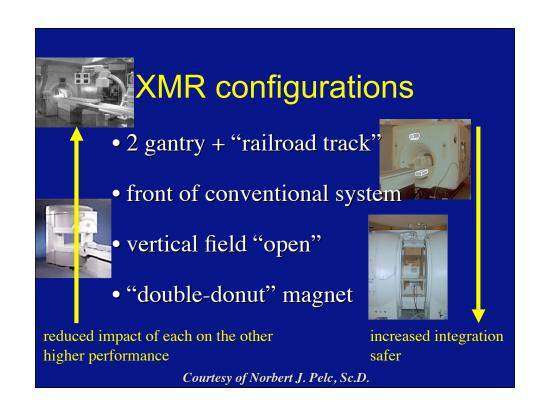
flat panel detector should (in principle) be immune to magnetic fields

Courtesy of Norbert J. Pelc, Sc.D.



APPLICATIONS

- should exploit relative strengths
- X-ray
 - speed
 - spatial resolution
 - projection format
 - · ease of use
- MR
 - · soft tissue detail
 - physiology
 - therapy monitoring



Applications of hybrid system

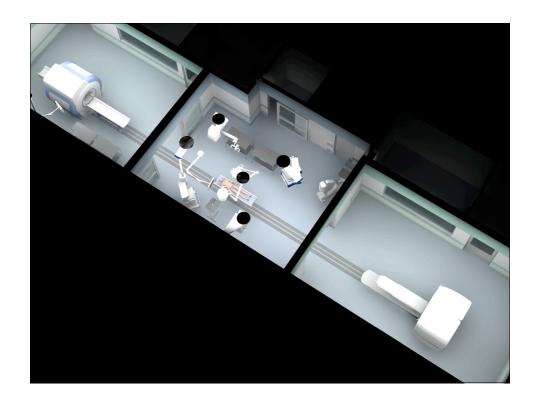
- Diagnostic procedures
- Vascular interventions
- Surgical guidance
- Chemoembolization
- Biopsies
- TIPS (Transjugular Intrahepatic Portosystemic Shunt)
- PTHC (Percutaneous Transhepatic Colangiogram)
- Vertebral Augmentation (Vertebroplasty)
- Electrophysiology

3 generations

- Fixed detectors
 (1 or 2 planes)
- 2. Rotating detector (C-arm)
- 3. MR alone

IMAGE GUIDED
MULTIMODALITY
MULTIAPPLICATION
IMAGE GUIDED
OPERATING ROOM

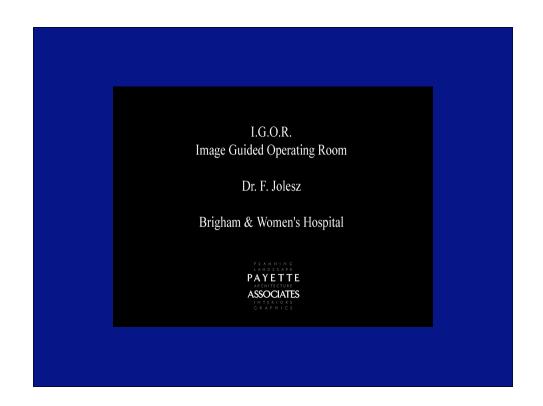
MRI/PET/CT/FLUORO/US
Endoscope, optical imaging,
Surgical microscope
Anesthesia
Monitoring
IT











Combined MR/CT/PET Imaging for Surgery

- Neurological
- Oncology
- Cardiovascular
- Orthopedic
- Urology
- Gynecology

Combined MR/CT/PET Imaging for Surgery

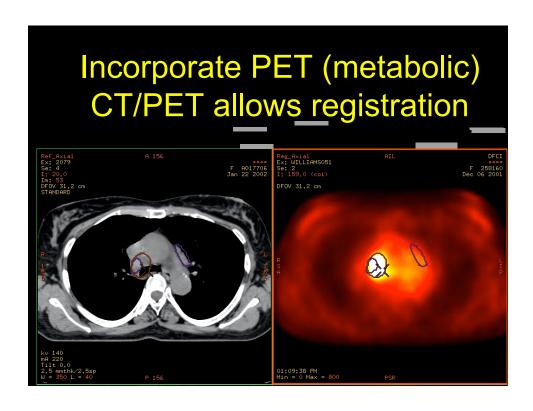
- Open Surgery
- Endoscopic Surgery
- Percutaneous Procedures
 - Catheter based (vascular)
 - Probe placement (RF, cryo, laser)
- Non-invasive Surgery (FUS)

Justification for PET/CT

- Noninvasive, real time assessment of the safety of tumor resection margins
- Assessment of metabolically active tumor volume
- Metabolically guided tumor biopsy
- Synergism between IGOR and molecular imaging program

Potential Radiation Oncology Uses of Combined MR/CT/PET Suite

- Simulation
 - CT/PET Without MR
 - CT/PET With MR
- Brachytherapy
 - Head and Neck
 - Gynecological
 - Prostate

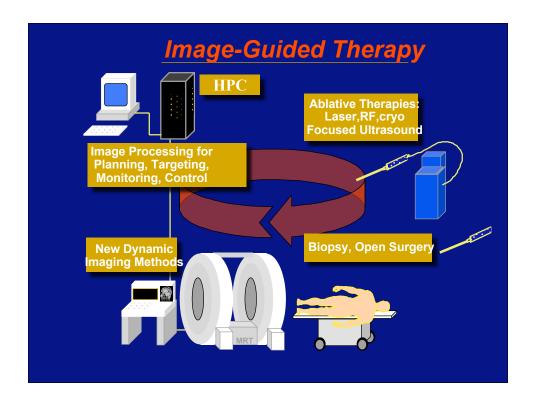


Clinical Challenges

- Volume
- Efficiency
- Compensation



Research Framework • Technical efficacy and safety • Diagnostic impact • Therapeutic impact • Outcomes WALUE = Uwe Reinhardt "The Physician Executive: Will Physicians Take Back Medicine?"



Future Performance Requirements for IGT

Visualization Computer Vision

Registration Multimodality Fusion

Segmentation Image Processing

Quantification Validation

Regulation Control theory

Integration System Engineering

Image-guided Therapy

- Multidisciplinary approach
- Interdisciplinary collaboration
- Multimodality approach
- Multiple vendors and industries
- Multiple funding sources
- New training tracks

Technical Improvements

- General
- Specific



Most important challenges of IGT

- Improving the combined presentation of pre-operative and real-time, intraoperative images
- Integrating imaging and treatment related technology into therapy delivery systems
- Testing the clinical utility of image guidance in surgery and cancer therapy
- Support multidisciplinary IGT Research Centers (including infrastructure)

IGT: Training Opportunities

- R25 (NIH sponsored Training Grant)
- Potential applicants include those PhDs and MDs who have already completed their graduate (specialty) training and who are interested in a career in image-guided therapy
- Scientists will be exposed to the "clinical mindset" of their peers, thus facilitating a richer understanding of how respective specialties respond to emergent issues and address patient care needs.

Real bottom line: patient care

- Provide new capabilities that transcend human limitations in surgery
- Increase consistency and quality of surgical treatments
- Promote better outcomes and more cost-effective processes in surgical practice



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MR Tracking:

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Stephen P. Souza, Ph.D. GE CR&D

Robert D. Darrow, M.S. GE CR&D

Jorg A. Debatin, M.D. Univ. Zurich We live in a time of such rapid change and growth of knowledge that only he who is in a fundamental sense a scholar—that is, a person who continues to learn and inquire—can hope to keep pace, let alone play the role of guide.

Nathan M. Pusey (1)

Pusey NM. The age of the scholar. Cambridge, Mass: Belknap, 1963.